

around ealing

Autumn 2023

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Win her latest book **p17**

What you said:

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A record number **p24**

Hooked on learning

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Family fishing, **p23**



Ealing

www.ealing.gov.uk

Our
schools
top of class
p5

ACTON EALING GREENFORD HANWELL NORTHOLT PERIVALE SOUTHALL



St Augustine's

PRIORY



OUR GIRLS WILL CHANGE THE WORLD FIND OUT HOW

Autumn Open Morning for entry into Year 7 and above
Saturday 23rd September

School in Action Morning for entry into Reception up to and including Year 6
Thursday 28th September

Sixth Form Open Evening for entry into Year 12
Tuesday 17th October

Book an Open Morning at
www.sapriory.com/admissions-process

St Augustine's Priory, Hillcrest Road, Ealing, London W5 2JL



AUTUMN²³ EDITORIAL



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I can't believe it's already the start of another new school year, and for many parents it's time to start thinking about applying for new school places. Hopefully, we've been able to make that a bit less stressful for you with our school admissions guide on pages 12 and 13.

Talking of stress, spending time outdoors can be a good stress buster. And, with even more of the borough's parks and open spaces receiving Green Flag status than ever before (page 24), we are fortunate enough to have our pick of the bunch to enjoy – you could even go fishing at Northala Fields (page 23).

But that's not all. There's news about Ealing becoming a Borough of Sanctuary (p25), a fantastic youth project (p35), how to become an apprentice (p18-19) and lots more in this magazine.

Verity Adams

DEPUTY EDITOR

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1 Ealing Council is putting plans in place to tackle **chewing gum litter** on streets after receiving a £25,000 grant to help solve the problem. The funding will be used to buy machines specially designed to remove gum from the streets. Read more: [aroundealing.com/news/chewing-gum](https://www.aroundealing.com/news/chewing-gum)

2 From September, Ealing Council will be implementing its revised **Housing Allocations** Policy, which was last reviewed in 2013. Ealing Council's cabinet member for safe and genuinely affordable homes, Councillor Bassam Mahfouz, said: "Please check out these changes if you are an existing council tenant who has a current application to transfer to more suitable accommodation or are someone who is looking to be housed by the council, to see if it you are affected." Go to: www.locata.org.uk/ealing/news.aspx

3 A ground-breaking ceremony marked the start of a regeneration scheme that will provide more than **500 new homes**. Work at the Park Avenue development site began in Southall in July. The plans include 123 affordable homes to rent, 110 homes for rent or shared ownership, and 283 homes for general sale. Go to: [aroundealing.com/news/500-new-homes](https://www.aroundealing.com/news/500-new-homes)

4 The council has launched the **Travel in Ealing Charter** following consultation with residents, businesses and stakeholder groups. The charter is about how the council will engage with the public on transport schemes, so people that live and work in the borough can give their input. The full document is available at ealing.gov.uk

speedread

Windrush 75

A series of special events were held in the borough to commemorate the 75th anniversary of the Empire Windrush ship docking at Tilbury in 1948.



Events included a celebration at Soane's Kitchen, next to Pitzhanger Manor in Ealing, with local pioneers of the Caribbean community, councillors, and other local people joining to celebrate the Windrush generation.

Ealing Council's cabinet aide for Windrush 75, Councillor Callum Anderson, opened the proceedings and uplifting sounds and percussion from the Urban Fox Orchestra steel band greeted guests, creating a buoyant and celebratory atmosphere.

The evening was a snapshot of the talent and achievements of the local Caribbean community, and the journey they have taken since the first generation stepped on to British shores in 1948.



Read more at

[aroundealing.com/news/windrush-75](https://www.aroundealing.com/news/windrush-75)

Under scrutiny

The council's annual scrutiny panels are keen to hear your views on 4 topics that have been chosen for the year ahead.

These panels meet regularly to hear evidence on key subjects and put them under scrutiny, while giving you the chance to air your views and get involved.

This year, the 4 panels will be looking at:

- housing and environment: Conditions in the private rented sector, council housing repairs, property licensing, and more
- economy and sustainability: Climate action, the borough's economic growth and more
- children's services: Child poverty, special educational needs and disabilities, mental health services and more
- crime and disorder: The police's turnaround plan, police engagement with the local community, and more



Find out how you can get involved in the panels' work at [aroundealing.com/news/scrutiny-2023](https://www.aroundealing.com/news/scrutiny-2023)

Leader's Notes

'Coming together to make the changes you want to see'

Councillor Peter Mason

Leader of the council



→ Shortly after we were re-elected last summer, we published our Council Plan. It was based on the promises that we made to residents at the election, and it explained how we would use our 4-year term to work towards making sure that everyone in the borough can live a long, healthy, happy life, in communities full of pride and identity.

The council plan was both a commitment to striving for excellence in the 'statutory services' we provide (education, waste collection, planning services, road maintenance, children and adult's social care), and a vision for the kind of world we want to see.

We're making great progress, and I hope that you'll get a real sense of that reading through the rest of this edition of Around Ealing.

WAGES AND HOMES

Not all of the changes we are making or the projects we are funding are flashy. In fact, most of them aren't, but they are no less important than flagship campaigns like the Real Living Wage, or our dedication to council homebuilding.

We have changed the way that we interact with property developers, making sure that we are open about

the conversations we are having and that residents' best interests are always first and foremost.

CLEANING AND EXTRA CARE

We have brought more services into the responsibility of our in-house team – Greener Ealing Ltd. That includes things like graffiti removal and enforcement, helping to keep our streets cleaner and feeling safer for all residents.

We're supporting 3,000 residents who need some extra care to remain living in their own homes, rather than having to move into more institutional settings.

COMMUNITY AND EDUCATION

We're working hard to bring communities into the heart of decision-making, for example running a programme in Northolt to train members of the community so that they can help us design services which are more

relevant and useful to local people.

And – especially important at the beginning of a new academic year – we're supporting our teachers to keep the quality of our schools really high, with 97% of council-run schools rated 'Good' or 'Outstanding' by Ofsted, despite the interruption caused by the pandemic.

SATISFACTION AND EALING SPIRIT

I was really heartened by the results of the latest resident survey, which is our own end-of-year report. In that survey, 72% of residents told us they were satisfied with the way the council runs things, and 79% agreed that people in their local area work together to improve it. Both of those numbers are much higher than national or London-wide equivalents.

If that isn't proof of the Ealing spirit, I don't know what is.

Of course, there is always more to do, and we will continue to find ways that the council can support residents across our 7 towns to come together to make the changes you want to see in the world.

'97% of council-run schools rated **'Good'** or **'Outstanding'** by Ofsted, despite the interruption caused by the pandemic'

 **CREATING**
GOOD JOBS

 **TACKLING**
THE CLIMATE CRISIS

 **FIGHTING**
INEQUALITY

London's first banking hub



The first London banking hub has opened in Acton to help residents who do not have access to digital and mobile banking or prefer not to use it.

Cash Access UK is working together with banks to provide hubs in local high streets, with a counter service operated by the Post Office. The Acton High Street banking hub is at The Oaks shopping centre, Acton High Street.

Ealing Council's cabinet member for inclusive economy, Councillor Steve Donnelly, said: "It's good to see the high street banks collaborating in this way, recognising the negative impacts that their closing of high street branches is having on local communities."



For more information, visit www.cashaccess.co.uk/hubs/acton-london

Busting floods, boosting nature

Work started in the summer on a scheme to reduce the risk of flooding in West Ealing and create a new 'rain garden' for local wildlife. It is believed to be the first of its kind in London.

The project, which is jointly funded by the council and Thames Water, will create a sustainable drainage system. This will divert storm water from the Lido Junction and Broadway. And, directly above the rainwater storage system, in Dean Gardens, will be a wildlife-friendly, flowering meadow, providing a new habitat aimed at attracting butterflies, bees, birds and amphibians.

Residents took part in a free gardening event at the site in the summer, potting and taking home wildflower seeds.

Scrubbing up well

The council's in-house waste and recycling contractor, Greener Ealing Ltd (GEL) has taken on the task off removing graffiti in the borough.

Since the summer GEL, which is owned and run by Ealing Council, has been delivering a graffiti removal service in addition to its waste and recycling services across Ealing's 7 towns.

By managing these services under one roof and in-house, the council is able to deliver a higher quality service that is value for money.



Read more: aroundealing.com/news/graffiti

Get inspired, get creative

The borough has long been at the forefront of British arts and culture.

To build on this heritage, earlier this year, the council published a cultural manifesto and action plan for the borough, aimed at boosting local arts, culture and the creative industries. You can see more on that in the last edition of the magazine.

As part of this, an 'Ealing creatives' project has been turning the spotlight on established and emerging talent in the borough. The aim is to showcase their skills and, by doing so, hopefully inspire young people to think about a career in the creative industries, too.



You can find their stories (and several videos) via aroundealing.com/news/get-creative





Tackling illicit trade

A haul of illegal goods has been seized in an undercover multi-agency operation, led by Ealing Council's trading standards team.

As pictured above, Councillor Louise Brett, the council's cabinet member for decent living incomes, accompanied the Operation Cece team, which included sniffer dogs Piper and Wilson, licensing officers, and police officers.

The raid included a search of 13 premises, leading to the seizure of a substantial amount of contraband goods, including unregulated pharmaceuticals and counterfeit tobacco products.


 Read more at aroundealing.com/news/operation-cece-tackling-illicit-trade

Ealing Sports Awards 2023

The best of the borough's sports clubs, coaches, volunteers and sports people were celebrated at this year's Ealing Sports Awards.

The event, organised by Ealing Council with the support of Everyone Active, was held at William Perkin High School in Greenford.

Local sporting champion Hilmy Shawwal, a former pupil from John Chilton School in Northolt, attended as a special guest. Hilmy represented Ealing many times at the London Youth Games in wheelchair racing.

 Find the list of winners: www.everyoneactive.com/news/ealing-sports-awards-2023

Garden respite

A short breaks care home has opened a new garden space for residents to enjoy.

The Hanwell Short Breaks care home provides respite services for families and carers who support adults with learning disabilities, aged 18+. The new-look garden was completed in the spring, with help from Ealing Council's parks team, and the centre celebrated with a garden party in the summer, as part of Learning Disabilities Week.

Councillor Josh Blacker, the council's cabinet member for healthy lives, attended the event. He said: "The short breaks service provides such an important role in our community, adding to the quality of life for adults with learning disabilities, and also giving them the opportunity to socialise, maintain their independence as much as possible, and engage in new hobbies."

 Read more at: aroundealing.com/news/hanwell-short-breaks


Anyone for tennis?

Elthorne Park tennis courts in Hanwell have reopened after renovation in June.

The council and the Lawn Tennis Association (LTA) are working together to renovate 7 parks with tennis courts in the borough for residents to enjoy and get active.

The other park venues being renovated are: Churchfield Recreation Ground, Ravenor Park, Southfields Recreation Ground, Spikes Bridge Park, Wolf Fields and North Acton Playing Fields.

As well as weekly, free park tennis sessions, with equipment provided, the new courts will host local tennis leagues, giving people the opportunity to get involved in friendly and social competitions.

 All courts can be booked via the LTA website www.lta.org.uk/play



From Nursery to Post-16

Ofsted: GOOD with OUTSTANDING features

At Alec Reed Academy, we believe that all children, regardless of background or ability, can succeed and we do all we can to ensure this happens. Children can start in the nursery at 3 and stay until they leave at 18. Alternatively, children can join the school at Year 7 or at Post 16. The Academy is housed in an iconic, spacious, light and modern building with extensive grounds and impressive facilities that enable each child to achieve to the best of their ability.

Quotes from Ofsted 2023:

- Pupils at this school are safe and happy. They work hard and they are well prepared to take the next steps in their education, employment or training.
- Pupils behave well in lessons. They listen to their teachers and take pride in their work.
- Pupils are very respectful of others including those from different backgrounds and with different abilities.
- Pupils across the school benefit from an ambition for all to succeed, underpinned by a carefully designed curriculum.
- A range of academic and vocational courses are delivered skilfully by teachers with a very strong subject knowledge.

Why not see for yourself what makes our Academy such a special place to be, by coming to one of our open days? Or, if you can't make it to an open day, we'd still love to show you around, so please call on 0208 856 2111 to arrange a convenient date.

OPEN DAYS

- **Primary:** Tuesday 17th October 9.30am
- **Secondary:** Tuesday 26th September, 5.30 to 7.30pm
- **Post 16:** Tuesday 10th October, 6 to 8pm



**ALEC REED
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PROUD TO LEARN

Bengarth Road, Northolt UB5 5LQ
enquiries@alecreedacademy.co.uk
Tel: 020 8841 4511

www.alecreedacademy.co.uk
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@AlecReedAcademy

Gift of learning

A vending machine is typically loaded with naughty snacks – chocolate bars, crisps and fizzy drinks. Well, not at Stanhope Primary School.

The school in Greenford has a new vending machine with a much healthier cargo. It houses a variety of books all on the theme of equality.

'PRIDE ON CHILDREN'S FACES'

Each week, staff at the school nominate children, who have shown a commitment to equality. These children become Youth Equality Ambassadors.

The ambassadors are then given a gold token in a celebration assembly and are able to visit the vending machine with their parent or carer after school to slot the token into the

machine and select a book.

Assistant headteacher Ivy Laryea said: "It is wonderful to see the pride on children's faces."

The vending machine is branded in Stanhope's colours and is decorated with equality-related words, illustrations of children, the school's core values and an inspirational quote from Nelson Mandela.

'THE SKY IS THE LIMIT'

It was the idea of headteacher Hannah Widdowson, who paid for the machine by raising sponsorship money competing in the Tough Mudder race event.

She said: "We are so privileged to have children from all over the world and from a range of different backgrounds and cultures. This is something that we celebrate in all that we do.

"The vending machine serves as a constant reminder to our pupils of just how much they matter and that the sky is the limit in terms of what they can achieve in life."

'LOVELY AND ORIGINAL IDEA'

Councillor Kamaljit Nagpal, Ealing Council's cabinet member for a fairer start, said: "This is such a lovely and original idea. We are proud of our schools, and almost 97% of our council-run schools have been rated good or outstanding by Ofsted. But just as important as this academic success is their work in helping our children to develop a sense of social responsibility and fairness and to value difference."

AWARD FOR SCHOOL

In July, the Inclusion Quality Mark (IQM) organisation gave the school an Inclusive School Award for providing the very best education for all children irrespective of differences; and IQM also designated it as a Centre of Excellence. ⁹⁶

Read the full story and watch a video at aroundealing.com/news/gift-of-learning



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OPEN EVENING: 28th September 2023 5pm-7.30pm



Our students are regularly placed in the **top 5% of schools** for the progress they make here.



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Montague Way, Southall, UB2 5HF

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@FeatherstoneHS



BRENTSIDE HIGH SCHOOL

LEARNING AND ACHIEVING TOGETHER



School Open Evening

Tuesday, 26 September 2023 17:30-20:30

Headteacher's Talks 17:45 and 18:45

Tickets are available at [Eventbrite.co.uk](https://www.eventbrite.co.uk)

Greenford Avenue, London, W7 1JJ 020 8575 9162 www.brentsidehigh.ealing.sch.uk

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Time to apply

Applications for children to start high school next year are now being received.

If your child is due to leave their primary school next summer and start year 7 at a high school in September 2024, you will doubtless already have been thinking about where they will go. And there is just over a month until you need to have made a decision.

The recommended date for receipt of applications for high schools is

20 October 2023 or, by the absolute latest, the final, statutory deadline is 31 October 2023.

Choosing which school your child will attend is obviously a big decision and the applications process can sometimes feel daunting.

The council's admissions team does all it can to make the application process as easy as possible.

And local high schools hold open mornings and evenings so you can get a feel for them before making a final decision.

But, if you still need some support, you can visit the council's website, contact the schools you are interested in, or speak to your child's current school.

SCHOOLS INFORMATION

To find out more about your preferred schools, you can visit the admissions pages on the council's website at **www.ealing.gov.uk/admissions** or, alternatively, you can contact the schools themselves. Each school will also be holding an open morning or evening, which you can find details of on these pages.

HOW TO APPLY

You can apply online at **www.eadmissions.org.uk** between 1 September and 31 October 2023. If you are unable to apply online, you can ask your current school for an



application form to fill in and ask it for instructions if anything is not clear. If you choose to apply online, you must not complete a paper application as well.

The Cardinal Wiseman (Catholic) and Twyford (Church of England) high schools require a supplementary information form to be completed to assess denominational commitment and these may be obtained either from the schools themselves, or from the council website at www.ealing.gov.uk/admissions

NEW SCHOOLS

Any new schools proposed to open in 2024 will be outside the co-ordinated application process. Parents wishing to apply to those schools will need to contact the school direct and apply on the school's application form. Parents are strongly advised to also apply for established secondary schools through the co-ordinated system because there is no guarantee at this point that the new schools will open in 2024.

ANY QUESTIONS?

Visit www.ealing.gov.uk/admissions or you can get in touch with your preferred school. 



OPEN EVENINGS

School	Date	Time	Head Teacher Talk
Elthorne Park High School	Wed 13 Sep	5:15pm to 8:30pm	5:30, 6:45, 7:45
Northolt High School	Thu 14 Sep	5:30pm to 7pm	6
The Cardinal Wiseman Catholic School	Thu 14 Sep	5:30pm to 8:30pm	6 & 7
The Ellen Wilkinson School for Girls	Thu 21 Sep	6pm to 8:30pm	6:15 & 7:30
Twyford Ce High School	Thu 21 Sep	5pm to 8pm	5:30, 6:30, 7:30
Villiers High School	Thu 21 Sep	5pm to 7:30pm	6:15
Alec Reed Academy	Tue 26 Sep	5:30pm to 7:30pm	5:45, 7
Ada Lovelace CofE High School	Wed 27 Sep	5pm to 8pm	5:15, 6:15, 7:15
Dormers Wells High School	Wed 27 Sep	5pm to 7:30pm	5:15, 6:15
Ark Soane Academy	Thu 28 Sep	5pm to 7pm	6
Brentside High School	Thu 28 Sep	5:30pm to 8:30pm	5:45, 6:45
Drayton Manor High School	Thu 28 Sep	5pm to 8pm	5:15, 6:30
Featherstone High School	Thu 28 Sep	5pm to 7:30pm	5:15, 6, 6:45
William Perkin Church of England High School	Thu 28 Sep	5pm to 8pm	5, 6, 7
Ark Acton Academy	Wed 4 Oct	5:30pm to 8pm	6, 7
Ealing Fields High School	Thu 5 Oct	5pm to 8pm	5, 6, 7
Greenford High School	Thu 5 Oct	5pm to 7pm	5, 6, 7

OPEN MORNINGS

School	Dates	Time
Alec Reed Academy	28 Sept, 3 Oct, 5 Oct	9am to 10:30am
Ark Acton Academy	15 Sept, 22 Sept, 29 Sept	9:15am to 10:30am
Ark Soane Academy	25 Sept, 26 Sept, 27 Sept, 28 Sept, 29 Sept	9:30am to 11am
Brentside High School	2 Oct, 3 Oct, 4 Oct	9:35am to 10:40am
Dormers Wells High School	28 Sept, 29 Sept	10am to 12:30pm
Northolt High School	2 Oct, 3 Oct, 4 Oct, 5 Oct, 6 Oct	9am to 10am
The Ellen Wilkinson School for Girls	12 Sept, 18 Sept, 21 Sept, 25 Sept	10am to 11am
Villiers High School	22 Sept	10am to 12:30pm



GREENFORD HIGH SCHOOL LEARNING TO SUCCEED

OPEN EVENING

Thursday 5th October 2023 5pm - 8pm

Come and visit our high-achieving, hugely over-subscribed community school.

- Consistently in top 5% in UK for student progress over last 10 years with a full, flexible and balanced curriculum
- Over 200 Greenford students go on to university every year, many to Russell Group universities and some to Oxbridge and America
- Strong commitment to extra-curricular activities including sport, music and trips

Headteacher Mia Pye will talk to parents at 5pm, 6pm and 7pm in the Hall.

If you would like to visit the school during the working day, please see our website or phone 020 8578 9152 for a list of available tours. Please note that there is no parking on the school site except for disabled visitors.

📍 Lady Margaret Road, Southall UB1 2GU

💻 www.greenford.ealing.sch.uk 🐦 @ghsofficial

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DURSTON HOUSE

Abi in APPLE's garden

Fruitful kitchen plan

Apple pie could be first on the menu when a new and improved kitchen is installed in a much-loved community centre.

APPLE, a charity that provides activities and events for young people has now received enough funding to build a new kitchen that will make a big difference to the community.

It secured almost £10,000 from Ealing Council's Ealing Together Fund (ETF). It went more than half way towards hitting its £19,492 goal earlier this year, which has now been reached.

The ETF is a crowdfunding opportunity that encourages the community to take the lead on projects that are built on local knowledge. And it aims to empower people who have the respect and trust of their community to make positive changes.

APPLE is based in the ARTBLOCK in Acton Park and recently celebrated its 20th anniversary. It has a very small but well-used kitchen that will be now be transformed into a bigger and better space.

The centre is open 6 days a week and, on 5 of those days, it provides regular freshly cooked meals to the young people who go there. The staff also offer a host of other activities, such as arts and sport.

HEALTHY MEALS AND COOKING LESSONS

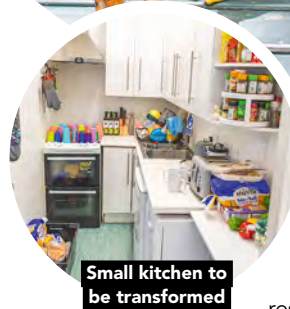
Abigail Leitao used to attend APPLE as a child and now, in adulthood, has become a valued member of staff.

She said: "The need for the meals that we are providing here has been increasing a lot over the last year, a combination of COVID and the cost of living crisis. And using our little kitchen is becoming more and more difficult. We want to provide young people with a healthy meal as well as teaching them how to cook. And they get a say in what we cook."

"The new kitchen means the kids will be able to get more involved in the cooking and we will be able to provide for more children."

'THE STAFF DO SUCH AMAZING WORK'


APPLE was one of 8 community groups to receive a share of the latest £50,000 pot of ETF funding.



Small kitchen to be transformed

Councillor Polly Knewstub, the council's cabinet member for thriving communities, added: "This is such a great resource for the community and the council is really pleased to have been able to support them in this project for a new kitchen."

"The staff do such amazing work. I'd definitely encourage people to find out more about all of the different things they do there."

The mayor of Ealing, Councillor Hitesh Tailor, has chosen APPLE as his first charity of the year. 

More info

- Read more and watch a video at [aroundealing.com/news/apple-kitchen](https://www.aroundealing.com/news/apple-kitchen)
- To find out more about APPLE and the services it offers go to www.apple-play.com



Sky is the limit

The 14-year-old girl you see standing at the historic Machu Picchu site in Peru during a recent fundraising challenge has undergone an even more remarkable personal journey over the last 4 years.

M at Machu Picchu
earlier this year



Find local advice on special educational needs at
www.ealing.gov.uk/send

M is autistic. She chose her own name when, at the age of 10, her life changed forever.

Her mum Ella Vine takes up the story: "She was a top pupil in a mainstream school, receiving merit awards and then, overnight, due to a brain inflammation she was unable to return to school, not even to a SEN [special educational needs] school. She was unable to even leave the house for 8 months at first."

She was eventually diagnosed as having PANS. It stands for Paediatric Acute Onset Neuropsychiatric Syndrome, which causes autoimmune brain inflammation. It is a difficult-to-treat, chronic and debilitating condition.

PANS also brings with it a lot of mental health and neurological symptoms, like tics, obsessive-compulsive disorder (OCD), anxiety, eating disorders and more.

A better known, subtype of PANS

is called PANDAS, which is caused by streptococcal infection.

LEARNING TO THRIVE

However, PANS hasn't stopped M or Ella from enjoying life. And, through being home-schooled and finding other support, she has learned to thrive.


Indeed, mother and daughter have gone even further by inspiring others through a book about living with PANS, while M has also set up a YouTube channel and given motivational talks at events. They have joined forces again to work on a second book, aimed at helping autistic children and parents to thrive, which should be out soon.

Ealing Council has supported M's home education with an Education and Health Plan and annual reviews.

INSPIRING OTHERS

Ella said: "We think M's story can help other local families with children with PANS/PANDAS. She has inspired many

others to follow their star, but the most inspirational part of her journey is how she overcame enormous challenges.

"The gifts and talents of autistic people need to be nurtured and they excel when they're supported. M is a proof that it is possible." 

More info

■ See more at aroundealing.com/news/pans – including details of the book and a video

■ Ella is happy to share her experiences with other families with children with PANS/PANDAS, and with professionals like doctors and teachers, and can be emailed at e.vine2@gmail.com



Scatterbrain

Ealing's very own comedian and author Shappi Khorsandi speaks to Around Ealing about her latest book, which takes a look at her life with ADHD.

You might recognise comedian Shappi Khorsandi from her regular stints at Ealing Summer Festivals and may have even seen her on stage at the Ealing Comedy gala night at Walpole Park this summer?

But when she's not on stage or enjoying some leisurely time in her local park with her dogs or children, this author and Ealing resident is putting her talent for writing into action.

Her fourth book, *Scatterbrain*, was released in July. It's an insightful, funny

(and heart-breaking in places) biography about how undiagnosed Attention Deficit Hyperactivity Disorder (ADHD) made her life a frustrating rollercoaster.

'LIKE THE LIGHTS HAD BEEN TURNED ON'

Since receiving a diagnosis in her 40s, Shappi says it was like the 'lights had been turned on after a lifetime in the dark' and found writing this latest book to be a cathartic experience.

"The book was a way for me to connect with other people who either live with, work with or know people who are neurodivergent," she said.

"I hope the people who read the book that don't have ADHD enjoy the humour and chaos. But also, if they're neurotypical, or there's the likelihood they are, that they find understanding there and people can relate."

'IT MAKES MY HEART SING'

Shappi writes about her struggles at school, at a time when no-one really knew what ADHD was and how people with the condition could be supported.

But in adulthood she revisited the school and met with a new

headteacher there to see how far the school and education system had come since the 1980s. Shappi was taken aback by the quality of pastoral care and special educational needs (SEND) provision.

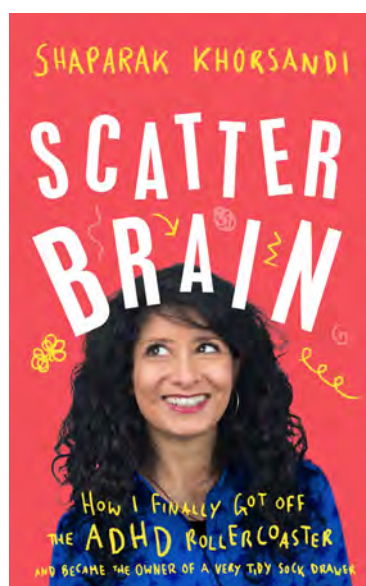
She said: "It makes my heart sing because there's going to be support for those children and they will know that there is nothing wrong with them. They need support and understanding, and there's no shame in that."

Read more about her rollercoaster life and the sense she now makes of the chaos in *Scatterbrain*. [Read more](#)

Win

You could win one of 3 copies we are giving away in a competition. To enter go to aroundealing.com/news/scatterbrain

Competition closes 11.59pm on Monday 23 October.



Become an apprentice

Interested in an apprenticeship? It can be a great way to gain qualifications and on-the-job experience. It can also lead to well-paid employment and help to build a brighter local economy.



Apprentices Rachel and Sahib outside the Job Centre

Apprenticeships are real paid jobs for people aged 16 and over where the employee learns and gains valuable experiences.

An apprenticeship includes paid employment with holiday entitlement, hands-on experience in a role of interest and training, which leads to a nationally recognised qualification.

Ealing Council regularly recruits residents into the various council departments from students that have just completed their GCSE's to those in their 40s and 50s, as a first step back into work. This has led to a number of apprentices moving on to top jobs and also recruiting apprentices into their teams.

The council and its partners have helped and supported hundreds of residents to start apprenticeships with employers from different sectors. To find out more and see the latest vacancies visit **workealing.com**



Around Ealing heard from two of the council's apprentices, one at the start of their journey and another at the end to find out more about their experience and the apprenticeship scheme.

SAHIB'S STORY

Sahib Singh has worked at the council for almost 18 months and has completed a level 3 business administration apprenticeship with distinction. He started out on the Kickstart scheme and progressed on to an apprenticeship. Kickstart was a government-funded scheme, as part of the pandemic recovery that gives young unemployed people aged 16 to 24 on Universal Credit the chance to take the first step towards building a career.



 **CREATING
GOOD JOBS**

Sahib said: "I feel like I've developed a lot of interpersonal skills during my time at the council. I used to be quite a shy and withdrawn person but engaging with so many different residents, employers and partners on a daily basis has really improved my communication skills and confidence."

'THERE'S ALWAYS A POSITIVE'

"Now that my apprenticeship is coming to an end," Sahib continued, "I'm getting a lot of support from my pastoral officer who is going to support me for up to 6 months after I leave the apprenticeship scheme and help me to find employment."

"Apprenticeships give you that hands-on experience that you might not get at university, and you get

living incomes, said: "Apprenticeships are a great way to continue studying towards a national qualification, improve your chances of gaining employment and earn money at the same time."

"Our apprenticeship programme also teaches life skills. We are really impressed with the standard of our apprentices, and proud of what they go on to achieve. You don't have to be a school leaver to be an apprentice either, there are lots of opportunities for people of all ages wanting to retrain and upskill."

RACHEL'S STORY

Rachel completed her A-levels and wanted to continue to study, but she knew she didn't want to go to university.

Employ an apprentice

The council's Ealing Apprenticeship team could help your business to take on an apprentice. This includes free advertising space and financial support towards the entire study programme as part of the apprenticeship, but this does not include wages. If you would like to discuss employing apprentices, or want to upskill your existing staff, get in touch with the team.

Apprenticeships benefit businesses by providing a practical way to grow talent and develop a skilled and motivated workforce.

For more information, visit workealing.com or email apprenticeships@ealing.gov.uk or call 020 8825 6234.

a qualification and a wage. There's always a positive to be had by joining the apprenticeship scheme."


LOTS OF OPPORTUNITIES

Councillor Louise Brett, the council's cabinet member for decent

So, when a friend suggested she look at an apprenticeship, Rachel decided it was an avenue she wanted to pursue.

Rachel is 6 months into her apprenticeship and is already educating more young people about what it means to be an apprentice.

She said: "A lot of schools host job fairs and they invite the council to attend so I go along and represent my team, share my experience as an apprentice and talk to them about how people can get into an apprentice role."

"I'm currently studying for my level 3 in business administration, but I might like to go on and study a level 4 or 5. I know the council has supported other apprentices to do this, so hopefully I can too." 





What you said



A **survey** was told by 4 in 5 local people that they were satisfied with life in their area. And around the same number also said there was a strong community spirit.

These were just two of the findings of the Ealing Residents Survey 2022, which was published this summer.

It was carried out by an independent company during November and December last year. They spoke to 1,250 randomly selected residents face-to-face, with measures to make sure that the final sample accurately reflected the whole population of the borough.

What did it tell us? That...

- 84% of the residents who responded were satisfied with their local area as a place to live – compared to the London average of 65%
- nearly three quarters (72%) said they were satisfied with the way the council runs things – much higher than the typical rating of local authorities in national polling (58%)
- the strength of community really shone through, with 79% of residents agreeing that people in their local area work together to improve it – much


higher than the London average of 46%

- the cost of living is of great concern, with more than one third saying that their household is 'just about managing'
- after financial concerns, the next most important issues for households were physical health and access to GP and healthcare services
- many residents are taking action that help the climate. Three in every four said they walk for most short, regular journeys and also take other steps like recycling
- overall satisfaction with the majority of the services that the council provides is strong, particularly in relation to rubbish collection, parks and open spaces, playgrounds and street lighting

Providing focus

Council leader Peter Mason said: "These residents survey results give us a snapshot of how things are going across our borough. It's great to find out what we're good at, but the survey also tells us where we should focus on

improving things. Although the 2022 survey has given us our best ever set of results, we know we can still do better.

"Whether it's providing support to households and families struggling with the cost of living crisis, increasing the number of good well paid jobs available locally, building more genuinely affordable homes, or investing in tackling crime and anti-social behaviour, we're continuing to act on the things that matter the most to our residents, and bring real change to improve people's lives." 

More info

- watch videos explaining a little more about the findings of the survey at [aroundealing.com/news/looking-in-more-detail-at-the-residents-survey](https://www.aroundealing.com/news/looking-in-more-detail-at-the-residents-survey)
- read the full survey findings at www.ealing.gov.uk/consultations



id, and what we did

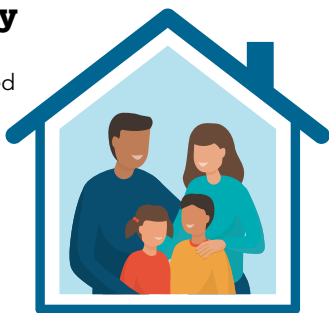
This time last year, the council published a **Council Plan**, which told residents what the council would aim to do with this current 4-year term. One year in, work is well under way on meeting a number of the pledges.

Council leader Peter Mason said: "Our overarching goal is to make sure that everyone can live a long, healthy, happy life, in communities full of pride and identity.

"We've been working hard for the last year, and we have made incredible progress on our 3 key priorities – fighting inequality, tackling the climate crisis and creating good jobs. There is much more to do, but this has been a good start."

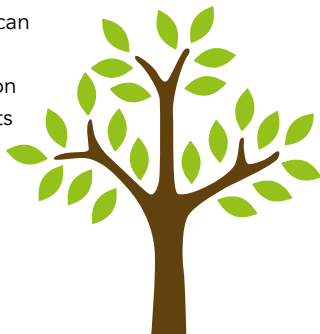
Fighting inequality

- 1,000+ new genuinely affordable homes were started in the last year
- 50 new places are now available for children with Special Educational Needs and Disabilities.
- 3,000 residents with care needs have been supported to remain living safely and independently in their own homes
- The council has been rated the best in London at preventing homelessness



Tackling the climate crisis

- 7,000 new trees have been planted across the borough
- 2 new community growing spaces have been set up so residents can grow their own food
- £7.7million has been spent on improving roads and pavements
- 21 school streets schemes are now up and running to help make journeys to and from school safer for walking, cycling or scooting



Creating good jobs

- Real Living Wage has been introduced for home care sector workers ahead of schedule, making sure they are properly paid
- 1,000+ people have been helped into work who had been facing the toughest barriers to finding employment
- 500+ new apprenticeships created
- 53 local businesses encouraged to sign up to become Living Wage Employers



That is not all...

- 800+ Ukrainian refugees have been found homes
- saferealing.gov.uk website will support the council's new strategy for tackling male violence against women and girls – making it easier to find support and to report problems
- more CCTV cameras and better street lighting will help make streets safer
- £5.3million of Household Support funding has been distributed and an extra £374,000 of council tax support made available to help more than 9,000 households
- 4 community hubs have been providing advice and support to those struggling with the cost of living
- Digital Champions scheme has helped those not able to access the internet, including supplying 1,100 laptops and 150 free mobile data SIMs for phones
- 200 bicycles given away through Let's Go Southall to help encourage active travel and exercise in the town 





THE ELLEN WILKINSON SCHOOL
FOR GIRLS

The Ellen Wilkinson School for Girls Prospective Parents' Evening

Thursday 21st September 2023

6:00pm – 8:30pm

Head's talk at 6:15pm & 7:30pm

Coffee mornings

10:00am – 11:00am

Tuesday 12th September 2023

Monday 18th September 2023

Thursday 21st September 2023

(information on SEN provision)

Monday 25th September 2023

Tours

Dates available on request

Places for the coffee mornings and tours are limited
and must be booked in advance

For all enquiries please email

admissions@ellenwilkinson.ealing.sch.uk

**Where girls create their future
Year 7 to 13**

**“... a culture where pupils thrive and
develop as confident young women.”**

Ofsted 2019

Specialist Places are offered for Students with an identified natural aptitude in: **Music; Drama; Visual Arts; Sports and Modern Foreign Languages**. Parents/carers may choose to apply for a specialist place for their child in September, for more information see the relevant section on the school website.



Good things come to those who bait

Not only is our borough one of the greenest in London, but it is also home to a big fishery with multiple ponds for people to enjoy.

Families are being invited to sample the tranquil joys of fishing for free at a series of taster sessions being offered

at Northala Fields in Northolt this autumn, by the charity Get Hooked on Fishing (GHOF).

Anyone who would like to try their hand with a rod and a line can book on to a session and receive some expert help and guidance from the staff and committed volunteers there. All equipment and bait will be provided.

'EVERYONE CAN HAVE A GO'

Carl Nye, project manager for GHOF, said: "Everyone can come and have a go, and we'll try and get you hooked. Everybody's welcome and someone will always be around to help. We want people to have a brilliant experience and that's what it's all about. Let's get everyone involved, it's something anyone can do.

"I love to see the smiles on people's

faces and everyone interacting with each other and enjoying being out in the open in the fresh air."

The charity also does a lot of work with the schools at Northala Fields and the pupils can get to learn a lot about the environment and local wildlife during their visits.

DATES FOR YOUR DIARY

The next sessions are:

- 24 September
- 8 and 29 October
- 10 and 24 March

The sessions run for half an hour at 11am, midday, 1pm and 2pm. They are free but a £2 donation per person is encouraged. To book a slot email hello@ghof.org.uk

'IT'S A REAL GEM'

Councillor Polly Knewstubb, cabinet member for thriving communities,



Carl Nye and volunteers

said: "This is such a great way to get families spending valuable time together, and an opportunity to meet other members of the community. The feedback is always really positive and we are pleased that the charity can offer this in one of our beautiful green spaces. There's so much at Northala for people to enjoy, it's a real gem." 

Watch a video at
[aroundealing.com/
news/get-hooked](https://www.aroundealing.com/news/get-hooked) or,
for more information,
visit [ghof.org.uk](https://www.ghof.org.uk)





Green glory

A record number of local parks and open spaces have been awarded Green Flags, a national mark of quality.

In total, 26 parks and open spaces owned and managed by Ealing Council and two local groups are now flying the coveted flags. This includes a first one for Elthorne Park, in Hanwell, which is pictured from above here.

The Green Flag Awards are organised by environmental charity Keep Britain Tidy and judged by more than 700 experts across the country. A flag is awarded in recognition that a park keeps the highest standards, is beautifully maintained and offers excellent facilities. They are judged on 8 criteria, including horticultural standards, cleanliness, sustainability and community involvement.

10 NEW PARKS TO COME

Council leader Peter Mason said: "It's a tremendous achievement to see 26 Green Flags flying over our parks and beautiful green spaces.

"The quality of green spaces contributes to our health and wellbeing in a significant way. That's why we are committing to opening 10 more new parks in the coming years. This will ensure that every resident in our borough has access to outstanding green space in their local area while also contributing to our efforts in fighting climate change."

Councillor Deirdre Costigan, the council's deputy leader and cabinet member for climate action, said: "Thank you to our incredible volunteers who help in keeping our parks and green spaces clean, tidy and safe. Parks and green spaces matter. They support wildlife and biodiversity. And enhancing and maintaining them is part of our commitment to tackle climate change."

WHAT WERE THE 26?

Visit aroundealing.com/news/green-flags-for-parks to see the full list of 24 parks and open spaces now flying green flags. There are 2 community spaces, too: Katherine Buchan Meadow in Hanwell and Litten Nature Reserve in Greenford. [ae](#)

Class above

Coston Primary School, in Greenford, has been awarded an Eco Schools Green Flag Award for its work to raise environmental awareness. The school has a committee made up of two members of staff and 'Eco Heroes', who are pupils from every year group. They have been involved in lots of different recycling and energy waste reducing incentives and have built a new Eco Corner in the school grounds, which is home to a bug hotel.

**Councillor Manro's
family fled Uganda**

A place to call home

Having a coffee and a chat in the high street is something most of us take for granted. But for those escaping persecution and war, it is more like a dream.

Offering safety and refuge is something our borough has stepped up to do on a regular basis. And,

Ealing Council has now agreed it intends to work to gain the status of a recognised Borough of Sanctuary.

The Borough of Sanctuary scheme is part of the national City of Sanctuary movement, which aims to create a network of places throughout the UK that are proud to be places of safety and inclusion for people forced to flee their homes.

Several councillors have personal experience of seeking sanctuary in the UK.

This includes Councillor Shital Manro, cabinet member for good growth. He said: "My family came as refugees from Uganda in 1972. We arrived in this country on a cold October day in Gatwick airport and my father was only allowed to bring £50 with him. Me, my father, my mother

and my five siblings arrived at Gatwick and the reception we got was brilliant, people looked after us and helped us."

DRIVEN OUT OF HOMES

He told Around Ealing how he remembered soldiers going from house to house and dragging people out of their homes as the family fled the exodus of Asians from Uganda that had been ordered by brutal dictator Idi Amin.

It left a permanent mark on Councillor Manro's father, but it also drove his son's move into politics.

"Those of us driven out of Uganda didn't have a voice," Shital said.

"There were lots of families just focusing on running their businesses and, when it came to it, they didn't have any levers to pull or any way to respond.


"It made me realise just how important it is to get involved in political life and to have a voice in

shaping the community we live in. That is why I stood as a councillor in the 1990s and why I am still one today, more than 20 years later."

'PROBLEMS WITH ASYLUM SYSTEM'

The original motion to become a Borough of Sanctuary was proposed by Councillor Polly Knewstub, cabinet member for thriving communities, who said the borough's diversity was one of its strengths, and added: "We have a proud history of embracing individuals seeking safety within our borough."

The council also sent a letter to the Home Secretary calling on the government to:

- withdraw the UK-Rwanda agreement for failed asylum applicants to be sent to Rwanda for processing
- repeal the Nationality and Borders Act
- and work with local authorities to build a refugee protection system. 

Excellent in all areas
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for boys & girls from
3 to 11 years

West Acton
Primary School



OPEN DAY—visit our school
For Reception 2024 applications

Wednesday 1st November 2023, 4.00pm to 5.00pm
Wednesday 22nd November 2023, 9.00am to 10.00am



For further information please contact:
West Acton Primary School,
Noel Road, Acton, W3 0JL.
Tel: 0208 992 3144
Email: admin@west-acton.ealing.sch.uk
www.westactonprimaryschool.org

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those who are new to the
school to settle in quickly.
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Outstanding
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"The dedicated staff place children and their
families at the heart of everything they do"

Better recipe for a green business

A group of small businesses have pledged their commitment to helping the environment and reducing their carbon footprint by signing up to the Greener Horizons programme.



Greg Wixted
of Cakery
Wonderland

 **TACKLING**
THE CLIMATE CRISIS

Ealing Council set up the Greener Horizons scheme in partnership with the University of West London's consultancy service called Fresh Minds for Business.

Small local businesses were invited to track and record their carbon emissions for one year using a free carbon emissions calculator tool and make positive changes to the environment through recommendations made by Fresh Minds for Business. Ten businesses applied and received the support.




calculator is quite a powerful tool. For me, it was a way of being able to measure our outputs. We get asked about our sustainability by clients and we wanted to be able to give them answers as well as process the information for ourselves. In the first

3 months of using the calculator and dashboard we were already starting to see a positive change.

"It's really easy to use and, once you start using it, you really want to do what you can to see the needle on the dashboard move in the right direction. We put people, purpose and the planet before profit."

and committed to becoming carbon neutral by 2030. In order for Ealing to meet this goal, businesses, which contributed around 33% of carbon emissions in the borough in 2018, need to come on board.

Councillor Deirdre Costigan, the council's deputy leader and cabinet member for climate action, said: "It's great to see local businesses taking such positive action to learn more about the impact their business has on the environment and how they can reduce their carbon footprint. We are fully focused on making the borough carbon neutral by 2030 and to achieve this we need more businesses like this to become a part of the solution and show the way to others."

The Greener Horizons programme has now been completed but visit www.uwl.ac.uk/business/uwl-fresh-minds-business to find out how to get advice from Fresh Minds for Business. 

'A POWERFUL TOOL'

Greg Wixted, founder of catering company Cakery Wonderland in Park Royal, was quick to take up the offer.

He said: "The dashboard and

BUSINESSES PRODUCED THIRD OF EMISSIONS

The council declared a climate and ecological emergency in April 2019

The Edward Betham CofE Primary School



Open Mornings

Wednesday 13th September

Thursday 14th September

Tuesday 19th September

Thursday 28th September

Tuesday 3rd October

Wednesday 11th October

Thursday 19th October

Thursday 2nd November

Monday 6th November

9:45-10:30am

Edward Betham is a Voluntary-Aided Church of England Primary School for children aged 3-11 years. Please read our SIAMS ('Excellent') and Ofsted ('Good') inspections and visit us to get a sense of our community school, in which we work positively with parents and carers to serve our pupils from many cultural backgrounds and faiths. You will be made welcome!

If your child is due to start school in September 2024 or you are interested in an in-year place, come and see our learning in action. We would love to meet you!

Please contact the school office to reserve a place: 020 8578 8928.



Faith, hope and love; these three things will last forever, and the greatest of these is love.

1 Corinthians 13:13

The Edward Betham CofE Primary School

Oldfield Lane South, Greenford, Middlesex UB6 9JU

www.edwardbetham.ealing.sch.uk

Edward Betham CofE Primary School

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Supporting Women

Easier to find help

Many women and girls experiencing abuse, harassment, or violence do not know where to go to for help or do not have the confidence to report it. Ealing Council has launched a new website www.saferealing.co.uk to raise awareness and provide up-to-date information on activities and services in the borough – and increase confidence in reporting incidents. It links out to local groups offering support, such as Hillingdon Women's Centre, and intends to build a stronger network of support for those needing it.

A charity in west London is working hard to break the silence over abuse against women and wants survivors to know that support is at hand.

One in 3 women will face violent abuse in their lifetime, according to research by the World Health Organisation. And abuse isn't always violent, it can be financial and emotional too.

A significant number of incidents also go unreported, with women keeping silent because the culture of shame still weighs so heavily on people.

But a charity in west London, which supports women who live in our

borough, is working tirelessly to break the taboo and offer support and advice within a safe environment.

Hillingdon Women's Centre is a small charity that provides help to hundreds of abused women every year. This includes one-to-one services, group workshops, and more.

A MESSAGE OF SISTERHOOD

Centre manager Vicky said: "Ours is a safe space for women, by women. We carry a message of sisterhood


and offer practical solutions as well as emotional support.

"There's no shame in asking for help. You are not going to be judged. We want to make sure women never have to feel alone."

The centre also hosts art therapy classes as well as mental health and wellbeing sessions.

Vicky adds: "Life may not always be perfect but we want the women we work with to feel equipped and resilient."

WE CAN HELP YOU

If you need help, call the centre directly on 01895 259 578, or get in touch using the contact form on their website www.hillingdonwomenscentre.org. They can make you an appointment with a case worker to discuss your situation with you. 

Councillor Jasbir Anand, Ealing Council's cabinet member for tackling inequality and crime, said: "Violence and abuse of any kind is wrong. Our role as a council is that of a facilitator: putting our communities and their needs at the centre of all we do. Our refreshed strategy for tackling male violence against women and girls was built on the voices of 3,000 residents who took part in our consultation. We are committed to improving residents' safety and investing in life changing services like this centre offers."



End the idling

Air pollution is a huge risk to our health and a silent killer, with around 160 people dying prematurely as a result of air pollution in the borough every year.

Petrol and diesel engines of vehicles are among the worst offenders. And stationary cars pumping out fumes in congested roads, or sitting idling in a road while waiting for someone, are a big part of the problem.

Stopping and restarting your engine creates less pollution than idling for one minute. So, if you are going to be sitting in your car in a traffic jam or waiting outside a shop or a school, why not turn it off?

It saves you money, too. Idling can

cost you up to 3p per minute in fuel. So, if your vehicle idled for 10 minutes per day, within six months that would cost you more than £58.

TAKING ACTION

Clearing up the air in the borough is a key priority for Ealing Council. So, from October, its traffic enforcement officers will start to issue the maximum £80 fine to drivers whose engine is idling unnecessarily.


The council will introduce a borough-wide traffic management order (TMO). You will soon see signs at places such as schools, bus stops, taxi ranks and other locations where the air quality is poor, reminding drivers to turn their engines off whenever they can. The TMO will mean £80 fines can be issued for running your vehicle engine while not in motion.

For some time, the council has been working with local schools as part of Mayor of London's Idling Action London

campaign. Visit www.aroundealing.com/news/switching-off for more.

HEALTH CRISIS AND CLIMATE EMERGENCY

Councillor Deirdre Costigan, the council's cabinet member for climate action, said: "Unnecessary idling pollutes the air we breathe, adds to the climate crisis and causes asthma and other lung and heart conditions in both children and adults. We are determined to tackle avoidable air pollution by persuading drivers to switch off their engines while stationary wherever possible. That's why we are ramping up fines to the maximum and introducing anti-idling enforcement across the borough.

"We will continue working with schools, residents and businesses to raise awareness of the health and climate impacts of idling so we can all enjoy cleaner air, longer life and a more sustainable planet." 



LAGER Can volunteers

'A place to be proud of'

An army of community volunteers have been helping Ealing Council to keep the borough's streets look cleaner.

Residents' satisfaction in street cleanliness is significantly up, with customer complaints dropping from 170 in 2019/20 to just 27 in 2022/23.

One group in particular that works closely with the council and its in-house street cleaning service, Greener Ealing Ltd, is Litter Action Group for Ealing Residents, better known as LAGER Can.

Last year, LAGER Can members clocked up more than 16,500 voluntary hours – and that's only from the people who recorded the time they had contributed.

The residents' group runs regular community clear-ups and works with the council to arrange collections of litter, helping to bring a sense of pride in the community and keep the borough's seven towns litter free.

LAGER Can was founded in 2017 by Keith Freegard, a Hanwell resident who was upset by people dumping rubbish

in his local park. By June 2020, the group had a borough-wide following and had 375 members and a strong social media presence.

Fast forward three years and the group now has more than 2,000 Facebook members, and more than 1,000 followers on Twitter and Instagram. It has more active members who are not part of the online community.

'UNBEATABLE FOR MY MENTAL HEALTH'


Cathy Swift, who runs the group, said: "Seeing litter and rubbish used to make me feel depressed but it doesn't anymore because I'm doing something about it. I've made lots of friends through the group, too.

"I find it unbeatable for my mental health, I would've found lockdown so hard if I hadn't been out and active as part of the group."

The group received the Queen's Award for Voluntary Service (QAVS) in 2021, which is the equivalent of an MBE for voluntary groups.

'A PLACE TO BE PROUD OF'

Councillor Deirdre Costigan, Ealing Council's deputy leader and cabinet member for climate action, said: "Community groups like LAGER Can are a fantastic asset to the borough. I'd like to thank everyone who helps our street cleaners to keep Ealing free from litter, making it a place to be proud of.

"Volunteers from LAGER Can also help us build evidence and intelligence so we can come after the minority of people who blight our borough by dropping litter or fly tipping. We also work with local groups to identify hot spots for CCTV so we can catch fly tippers in the act and fine them." 



Racing back to Ealing

The award-winning Ealing Half Marathon is returning once again to the town's streets and parks and will take place on Sunday, 24 September.

Up to 4,000 runners are expected, along with thousands of spectators and hundreds of volunteers. Many of the runners are raising money for charity.

The race starts outside Lammas Park at 9am. The 13.1-mile course will then cover parts of the Montpelier, Pitshanger and central areas of Ealing before reaching Hanwell and then returning to Ealing and Walpole Park via Uxbridge Road.


ROAD CLOSURES

To ensure the safety of participants and spectators, all the roads that the event passes through will be closed to traffic at some stage during the event.

And, to minimise any disruption to residents, the race organisers will close roads as the lead runner approaches and attempt to re-open roads no

later than 15 minutes after the last runner has passed by in Montpelier, Pitshanger and central Ealing. All other areas remain closed until the times stated to allow runners to return to Walpole Park safely.

The first roads will close from 7am on race day and it is anticipated that all roads will re-open by 1pm. See the table on the facing page for times. Affected buses that operate in the area will be on diversion from 6:30am until 1pm.

Your co-operation and patience are also asked for while moving around the course route before the race has started, as course checks are carried out and equipment is put in place. 

Ealing
HALF MARATHON 2023 

More info

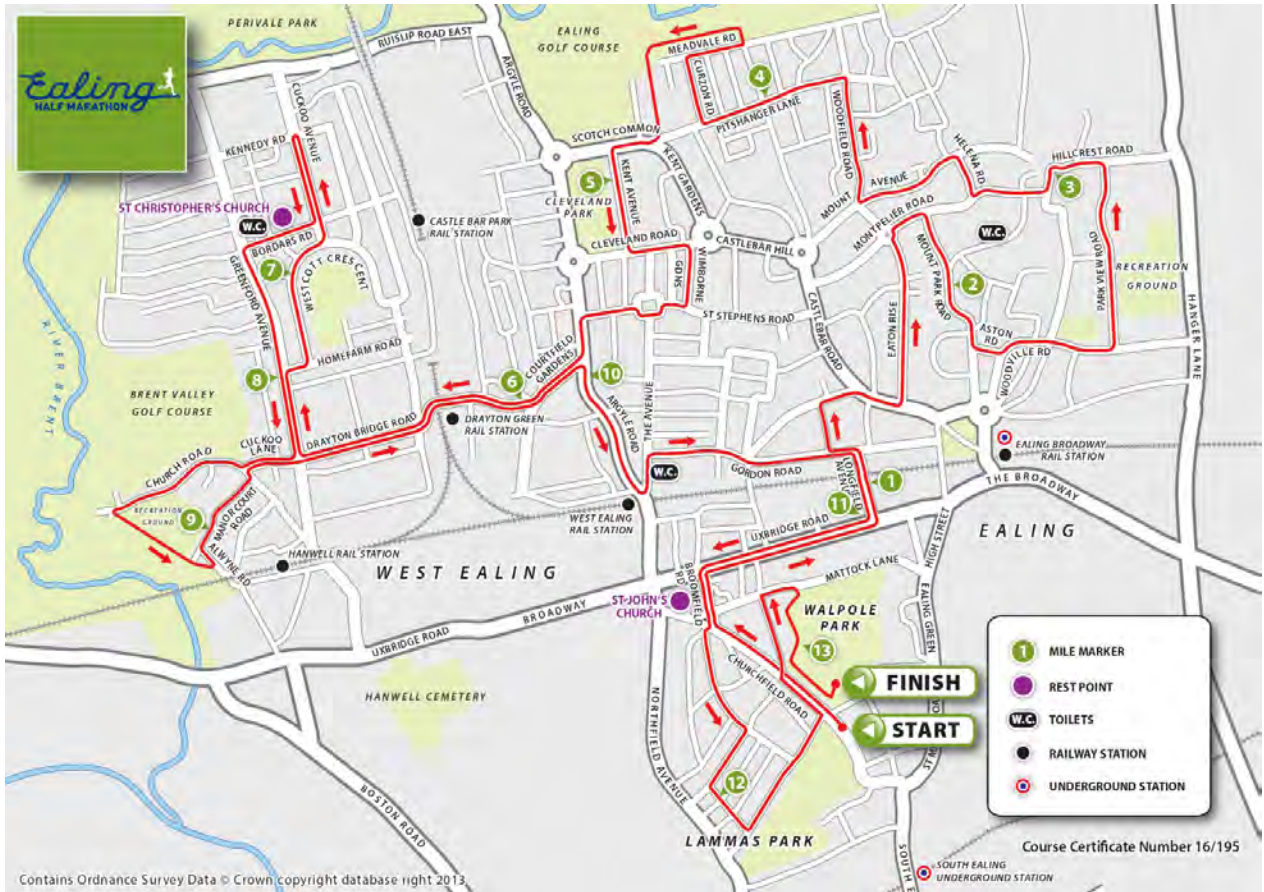
■ For more about Ealing Half Marathon or to contact the organisers, visit www.ealinghalfmarathon.com

■ For enquiries about road closures, phone 020 8825 5000 or visit www.ealinghalfmarathon.com/resident-information/



Get involved

If you would like to be one of the 700 volunteers and earn a free place in next year's race, register at www.ealinghalfmarathon.com/volunteer



Road	Full Closure (from)	Estimated Reopening	Road	Full Closure (from)	Estimated Reopening	Road	Full Closure (from)	Estimated Reopening
Church Lane	07:00	12:55	West Road	09:36	10:20	Drayton Bridge Road	08:30	12:10
Culmington Road	08:00	12:55	Helena Road	09:36	10:20	Greenford Avenue	08:30	12:10
Churchfield Road	08:00	12:55	Mount Avenue	08:40	10:20	Home Farm Road	09:20	11:45
Broomfield Road	08:00	12:55	Woodfield Road	08:40	10:20	Westcott Crescent	09:20	11:45
Uxbridge Road (part)	08:00	12:55	Pitshanger Lane	08:40	10:35	Cuckoo Avenue	09:20	11:45
Longfield Avenue	08:40	12:20	Curzon Road	08:40	10:35	Borders Road	09:20	11:45
Gordon Road	08:40	12:15	Meadvale Road	08:40	10:40	Cuckoo Lane	09:20	12:00
Carlton Gardens	08:40	09:50	Pitshanger Park	09:00	10:40	Church Road	09:20	12:00
Carlton Road (part)	08:40	09:50	Woodbury Park Road	09:00	10:45	Bunbury Park	09:20	12:00
Castlebar Road (part)	08:40	09:50	Scotch Common (part)	09:00	10:50	Alwyne Road	09:20	12:00
Eaton Rise	08:40	10:00	Kent Avenue	09:00	10:50	Manor Court Road	09:20	12:10
Montpelier Road	09:36	10:20	Cleveland Road (part)	09:00	10:55	The Avenue	09:20	12:15
Mount Park Road	09:36	10:05	Wimborne Gardens	09:00	10:55	Lavington Road	09:30	12:55
Aston Road	09:36	10:10	St Stephens Road	09:00	11:00	Kingsdown Avenue	09:30	12:55
Woodville Road	09:36	10:10	St Stephens Avenue	09:00	11:00	St Aidans Road	09:30	12:55
Park View Road	09:36	10:15	Argyle Road	09:00	12:10	Elers Road	09:30	12:55
Hillcrest Road	09:36	10:15	Courtfield Gardens	09:00	12:10	Mattock Lane	09:00	12:55

Bring your photo ID to vote



You will not need to provide photo ID to vote if you choose to vote by post. Visit www.ealing.gov.uk/elections

Residents are being reminded that you must take your photo ID when voting in person at polling stations across England.

The next scheduled elections in the borough are The Mayor of London and London Assembly elections on Thursday 2 May 2024.

Photo ID is now required because of a change in legislation introduced by the government.

Voters will only need to show one form of photo ID, but it must be the original. Copies will not be accepted. You will be able to use expired photo ID if you are still recognisable from the photo.

ACCEPTABLE FORMS OF PHOTO ID:

- **passport** issued by the UK, any of the Channel Islands, the Isle of Man, a British Overseas Territory, an EEA state, or a Commonwealth country
- **driving licence** issued by the UK, any of the Channel Islands, the Isle of Man, or an EEA state (this includes a provisional driving licence)
- **a Blue Badge**
- **older Person's bus pass**
- **disabled Person's bus pass**

- **Oyster 60+ Card**
- **Freedom Pass**
- **a PASS card**
- **biometric immigration document**
- **a national identity card issued by an EEA state**
- **a voter authority certificate** issued by a Local Authority

IF:

- you don't have any of the accepted forms of photo ID shown in the list above, or
- you are not sure whether your photo ID still looks like you, or
- you are worried about using an existing form of photo ID for any other reason, such as the use of a gender marker


YOU CAN EITHER:

- apply for a free Voter Authority Certificate online. You will need a recent, passport style digital photo of yourself and your national insurance number.

Go to www.gov.uk/apply-for-photo-id-voter-authority-certificate or

■ apply to vote by post instead. You will not need to provide photo ID to vote if you choose to vote by post. You can download a postal voting application form by visiting www.ealing.gov.uk/elections

NEED A HAND?

For further information on the changes, visit the council's website at www.ealing.gov.uk/elections or you can contact the elections team at elections@ealing.gov.uk or call the helpline on 020 8825 7777. 

You now need photo ID to vote at a polling station

The perfect blend

The humble cup of tea is a wonderful accompaniment to spending time with friends, and it is a large part of people's heritage and culture.

Whether it's a cup of traditional English breakfast tea, matcha, pink or chai, it is estimated that 10million cups are brewed and sipped every day in the UK, according to a study by the UK Tea & Infusions Association.

London's Horniman Museum, established in 1901 using money earned from the Horniman family's tea trading business, will be hosting a tea exhibition later this year and has invited Bollo Brook Youth Centre in Acton to be a part of that.

CREATIVE ENTERPRISE

The centre recently received funding from Ealing Council, in partnership with Old Oak and Park Royal Development

Corporation (OPDC) as part of the borough's Creative Enterprise Zone scheme, to produce a film about tea and young people from Acton.

This will form part of the museum's exhibition and was partly produced by young people from the centre.

Colin Brent has been a youth worker at the centre for 15 years and has worked with the centre users on a number of films in the past.

He said: "We were approached by the museum as we have done work with them in the past and they asked us to do this film. Without the funding support this just wouldn't have been possible.

"We were sceptical at first if there would be enough interest from our young people but it turns out a lot of them, particularly those of Arab descent, spend a lot of time visiting tea houses and socialising."

The 30-minute film will feature groups of young people enjoying time together over tea, chatting about gender relations, education, family and

other subjects. You are also likely to recognise many Park Royal and Acton tea rooms in the video, or perhaps discover new ones to visit.

'A HUGE ACHIEVEMENT'

Councillor Louise Brett, Ealing Council's cabinet member for decent living incomes, said: "This is such a huge achievement for these young people to have their work showcased and be seen by thousands of people from all over. I am really impressed with the work that has gone into this and it is an absolute pleasure to support such innovative projects through our Creative Enterprise Zone."

For more information about the borough's Creative Enterprise Zone, and other organisation that received funding, go to [aroundealing.com/news/funding-inspired-ideas](https://www.aroundealing.com/news/funding-inspired-ideas)



Filming over a cuppa at the Horniman Museum



SET TO STUN

A Celebration of Sci-Fi
in West London

Free exhibition at
Gunnersbury Park Museum

Opens Friday 20 October

From lasers beams to paranoid androids, exploring faraway planets to alien invasions, West London played a crucial role in bringing iconic TV & Film moments to life. Come along and celebrate local creativity turning galactic at Gunnersbury Park Museum this autumn in our fun, family-friendly exhibition.

Gunnersbury Park Museum,
Pope's Lane, London, W5 4NH
visitgunnersbury.org

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Meet the Mayor

Councillor Hitesh Tailor was inaugurated as the new Mayor of Ealing at the borough's annual council meeting in May.

Councillor Tailor was born and brought up in Luton and has been in local politics for more than a decade, and alongside his mayoral responsibilities Councillor Tailor is a ward councillor in East Acton. He also works in housing policy at Redbridge Council.

He said: "The role of mayor is a very important one. It will be enjoyable and equally engaging. I want to reach out to the different communities and organisations across the borough. I am also keen to visit schools and speak to pupils about the mayoralty."

Councillor Tailor is particularly proud of his British Indian heritage and of being the first mayor of Ealing

of Hindu Gujarati heritage. He will be supported in his role by his niece, Miss Chaitali Tailor.

The mayor has chosen APPLE as his first charity for the year. APPLE is a charity working with children, young people and families, based at the ARTBLOCK in Acton Park. It provides out-of-school activities and events and supports those who are experiencing disadvantage or difficulties in their lives.

The second charity he has chosen to support is Ealing and Acton Support Enterprise (EASE). The volunteers from EASE provide hot meals at a weekly drop-in centre for asylum seekers and help them with learning English as well as providing leisure activities for adults and children.

Councillor Tailor said: "Asylum seekers arrive destitute. We need to understand the journey they have gone through and also recognise the contributions that they can make to society. They now live in Ealing and need our support."

HERE TO SERVE

Over the coming weeks and months, the mayor of Ealing will be in attendance in formal attire and chain to preside over citizenship ceremonies, and community meetings, as well as chairing meetings at full council.

Scan this code to find out more about the mayor's charities:



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