

Ealing Council/CCG Funded Organisations 2019-23

Community Connections

Provider	Category	Contact details
Neighbourly Care	Community Connections & Self-Care (Central Ealing, Acton and Greenford, Northolt & Perivale)	0208 571 1929 nc.southall@btinternet.com
Southall Community Alliance	Community Connections & Self-Care (Southall)	020 8574 8855 janpal1967@hotmail.com
<p>A programme of activities for all ages and abilities: older adults, people with long term conditions, disabilities, autism and mental health issues, vulnerable and isolated children, young people and families and carers.</p> <p>The aim is to</p> <ul style="list-style-type: none"> • Strengthen communities - by building local networks to link people up to each other, and to local activities and services. • Deliver key health and self-care messages - and activities to increase health and wellbeing • Reduce isolation - get people involved in their local communities • Increase activity and independence – signposting people to activities and supporting people to get involved to develop new groups/initiatives. <p>Access to activities such as weekly lunch clubs for older people, weekly walks for people with Long Term Conditions, befriending projects, reading clubs, IT sessions, singing groups, cards group, coffee mornings, gardening clubs, seated exercises, yoga, strength and balance sessions, intergenerational work.</p> <p>Activities and provision are likely to change over the four years. For latest information please contact the relevant organisation for your area.</p>		

Information and advice

Provider	Category	Contact details
Ealing Mencap	Information, Advice and Customer Representation	0208 566 9575 info@ealingsas.org.uk
<p>A 'one stop shop' of specialist, generalist and children's specific information and advice led by Mencap. The service delivers free information and advice through appointments based at a centrally located hub with surgeries based in various locations of the borough. EAS will deliver a customer representation service (including home visits) to people with learning disabilities, physical disabilities, older people, people with substance misuse issues, people with mental health issues and their carers. It also provides free, impartial and confidential advice, support and guidance to parents and carers of children with disabilities, complex health and additional needs aged 0 - 18. Information and advice on issues regarding health, housing, benefits, and schools/education is provided and targeted group awareness and training sessions for parents, children and young people.</p> <p>Residents will be able to access EAS directly via face to face appointments, telephone, and internet and smartphone services. Vulnerable clients with legal issues in social welfare subjects: debt, housing, employment, immigration and benefits can access a face to face service at community-based locations across the borough. Access is by appointment. There is also a debt advice service and a financial literacy service as well as access to one off pro bono appointments in immigration, family, housing, consumer etc.</p>		

Mental Health

Provider	Category	Contact details
Ealing Abbey Counselling Consortium	Mental Health Talking Therapies – common needs	0208 998 3361 counselling@eacs.org.uk
<p>The service provides talking therapies for adults in Ealing with common mental health needs, such as depression and anxiety. The service works in partnership with statutory services and other voluntary sector organisations to offer a choice of options for therapeutic support. All therapies are those approved by BACP (British Association for Counselling and Psychotherapy) and/or compliant with NICE guidance. The service will particularly reach black, Asian and minority ethnic communities, refugees, unemployed people, lone parents, people living with chronic illness, people coming out of hospital, older people, and carers of those listed above.</p>		

Provider	Category	Contact details
CAPE (Community Activities Project Ealing)	Mental Health Talking Therapies – serious and long-term needs	020 8896 2552 info@capeproject.org.uk
<p>CAPE provides a wide range of advice and support services for people with severe and enduring mental health needs to enable them to live well in their communities. As part of this CAPE has developed a psychological therapies service for people with complex mental health needs, which they are expanding this year. The service will give access to talking therapies for people with complex multiple needs such as personality disorder, substance use and psychosis. Therapies are approved by BACP (British Association for Counselling and Psychotherapy) and/or compliant with NICE guidance.</p>		

Provider	Category	Contact details
EACH Counselling and Support	Mental Health in the Community - all residents	020 8577 6059 info@eachcounselling.org.uk
<p>EACH is running a new service to develop community support to stay well for adult residents of Ealing. It will be work alongside other community mental health services to support people to stay well, access opportunities in employment, leisure, and education, and to contribute to their communities, as well as contributing to greater resilience and mental wellbeing in Ealing. The service will promote mental wellbeing for all Ealing residents, especially through challenging stigma and building resilience. Part of the rationale for this approach is to enable people with serious and long term mental health needs to live in safety in their own communities, and contribute to the life of their neighborhood. This service will work to encourage us all to understand mental health and accept people with serious and long term mental health as part of our lives as well as building up our own resilience and knowledge of how to support each other.</p>		

Provider	Category	Contact details
CAPE	Mental Health in the Community - people with serious and long-term needs	020 8896 2552 info@capeproject.org.uk
<p>CAPE provides a wide range of advice and support services for people with serious and long-term mental health needs to enable them to live well in their communities. Services are provided at its centres in Acton and central Ealing as well on an outreach basis. There is a strong ethos of volunteering, training and employment support, and supporting people to build their confidence and resilience. CAPE runs a cafe and a charity shop providing a range of supported volunteering opportunities. Over 20 weekly groups are on offer including group therapy, peer support groups, physical fitness, yoga, digital inclusion sessions, healthy living, behavioural therapy, art class. Support is also provided with finance and budget management, accessing welfare benefits, medical appointments and problem solving and coping strategies.</p>		

Respite care

Provider	Category	Contact details
Carer's breaks in Ealing service	Adult Short Breaks	020 3137 6194 ealing@carerstrustthames.org.uk
<p>The service will provide planned short-term breaks for families and other unpaid carers of adults over 50 who live in the borough of Ealing. The Service is available 365 days per year and provides breaks for three hours or more each week. Families and carers will be provided with a planned and flexible service which allows them to choose how and when they use their break.</p> <p>The aim of the Carers' Break service is to improve the quality of life for carers by providing timely breaks for carers, to ensure that carers are supported in their caring role, to prevent carer breakdown and prevent unnecessary referrals to social care services. The service will reduce isolation and loneliness, promote healthy and active lifestyles, maximise independence and wellbeing among older people and adults with physical and mental disabilities while also providing a break for their carers.</p> <p>There are two support routes available: Those with higher needs including personal care will receive the CQC regulated service provided by qualified staff that can be purchased by or on behalf of individuals using their Personal Budget, Direct Payment or their own resources. Those requiring a lighter touch approach with no personal care will be supported by volunteers and in community settings.</p> <p>www.carerstrustthames.org.uk/services-in-your-area/ealing</p>		

Provider	Category	Contact Details
MENCAP Afterschool Club	Children's short breaks	020 8566 9575 lorelle.busby@ealingmencap.org.uk
<p>This is a weekly afterschool club for young people with additional needs supporting 10 to 15 young people. The club offers a variety of group activities focused on social skills development, healthy living, and developing independence for transition and beyond.</p>		
Logcabin	Children's short breaks	020 8840 3400 info@logcabin.org.uk
<p>Logcabin runs an afterschool and holiday club for children and young people aged 4 - 15 years with additional needs, with exciting and stimulating play activities in a safe, caring and fun environment.</p>		

Provider	Category	Contact Details
Brentford FC Community Sport Trust	Young carers	020 8326 7047 enquiries@brentfordfccst.com
<p>Brentford Community Sport Trust runs the Ealing Young Carers Project. The project provides one to one support as well as a programme</p>		

of fun activities offering young carers a break from their caring role and to meet other young carers who are in a similar situation. Activities include a weekly after school club, homework support, swimming clubs and holiday activities.

Domestic violence

Provider	Category	Contact Details
Victim Support	Children Domestic Violence therapy	020 7244 4553 SPACE@victimsupport.org.uk
<p>The service will provide therapeutic support to children and young people experiencing the effects of domestic violence. It also provides parenting support to help parents understand the impact of domestic violence on family life and supports them to make new arrangements for their children.</p>		

Provider	Category	Contact Details
Advance	Domestic Violence	020 3953 3111 Niki.S@advancecharity.org.uk
<p>Advance offer a general independent domestic violence advocacy service based on comprehensive risk and needs assessment to all victims, including male victims</p> <p>They will support victims in the crisis phase up to a period of 12 weeks or longer if required, develop safety plans for all victims and their children, support and advocate on behalf of victims whose case has been referred to Multi Agency Risk Assessment Conference (MARAC), support and advocate for victims with all relevant agencies including housing, Social Services, support victims to seek legal advice and representation such as injunctions, provide support and assistance in accessing emergency support and accommodation and other services which include those provided by the police, social services, voluntary sector and engage with relevant partners and facilitate a joined-up approach to managing domestic violence cases.</p>		

Provider	Category	Contact Details
Southall Black Sisters	Domestic Violence	020 8571 9595 pragna@southallblacksisters.co.uk
<p>Southall Black Sisters offer an Independent Domestic Violence Advocacy Service including crisis support, counselling and access to immigration advice for female victims of domestic abuse from BME Communities.</p> <p>They will support BME victims in the crisis phase up to a period of 12 weeks or longer if required, develop safety plans for all victims and their children, support and advocate on behalf of victims whose case has been referred to Multi Agency Risk Assessment Conference (MARAC), support and advocate for victims with all relevant agencies including housing, Social Services, support victims to seek legal advice and representation such as injunctions, provide support and assistance in accessing emergency support and accommodation and other services which include those provided by the police, social services, voluntary sector and provide immigration advice to the standards of the Office of Immigration Commissioner (OISC).</p>		

Infrastructure support

Provider	Category	Contact details
Ealing Community and Voluntary Service	VCS Development and Capacity Building	020 8280 2230 info@ealingcvs.org.uk
<p>ECVS will provide a VCS capacity building and development service for all voluntary and community groups working in the Ealing. Key activities include:</p> <ul style="list-style-type: none"> • Developing the capability of the VCS to be more effective in delivering outcomes for those that need it most and more efficient in running their organisations • Focusing support on improving how the VCS can leverage further investment into the borough, as well as developing the capability for the VCS to be more financially sustainable • Working across different sectors to support children and their families aged 0 - 18 years by providing advice, information and guidance which will ensure the VCS provides safe services and safe employment practices for children targeting BMER and early years' settings 		

Provider	Category	Contact details
Ealing Community and Voluntary Service	Support for volunteering and social action	020 8280 2230 info@ealingcvs.org.uk
<p>The ECVS Volunteer Centre will provide volunteer support for all voluntary and community groups working in the Borough of Ealing. Key activities include:</p> <ul style="list-style-type: none"> • Increasing the number, diversity and impact of volunteering and social impact across the borough • Improving the ability of local organisations to access and make the best use of volunteering to improve their impact • Improving collaboration between organisations to develop a culture of giving across the borough • Undertaking safeguarding training and support within the voluntary sector 		