

## **Cinema and more:**

Ealing's new cultural hub p20

## **Change for Southall:**

Four-year project begins **p22** 

## 'Electric wallpaper':

The future of heating? p32





"The quality of pupils' academic and other achievements is excellent" Source: ISI Inspection 2021



# Book An Open Day

## 20th September

(Nursery to Year 6 entry)

## 24th September

(Year 7 and above entry)

www.sapriory.com Our Girls Will Change the World



St Augustine's Priory, Hillcrest Road, Ealing, London W5 2JL

Catholic Independent Day School for girls aged 3-18 and boys in the Nursery. Set in 13 stunning acres including excellent sports facilities and working farm.

















## CONTENTS

- 4 LEADER'S NOTES: Council leader Peter Mason
- **5** COUNCIL PLAN: Four-year vision
- 9 UP FRONT: Chloe Kelly, Citizens' Tribunal and more
- 10 HIGH SCHOOL: Time to apply
- 11 SCHOOL STANDARDS: Top of the class
- **15** HEALTHY START: Forming good habits
- 17 GOING GREEN: Boosting biodiversity
- 18 NEW ECONOMY: Jobs and more
- 20 EALING PROJECT: New cultural hub

- 22 SOUTHALL RESET: Changes for the town
- 24 4,000 HOMES: New housing target
- **27** SHARED LIVES: Could you share yours?
- 28 RACE TIME: Ealing Half Marathon
- 31 SAVING ENERGY: Scheme cutting bills
- 32 'ELECTRIC WALLPAPER': Cutting edge heating tech
- **35 VOLUNTEERING:** It works both ways
- **36** BALANCED APPROACH: Preventing falls
- 37 NEW MAYOR: Meet Mohinder Midha
- **38 COUNCILLORS**

## **AUTUMN22 EDITORIAL**

say this every year, but I can never quite believe it when the summer holidays come to a close and the start of a new academic year rolls around. As the kids begin their new school term, it is also time for many families to plan for the future - with high school places in mind. We've got you covered. Turn to page 10 for some guidance, and we have a full list of local high school open days/ evenings on aroundealing.com too.

Our schools have been performing so well (see page 11) and it is a real source of pride.

Talking of pride, the front cover hopefully shows how proud we are of Chloe Kelly and her team winning the Euros. What a moment - and what a legacy to build on.

Following the building theme, you can read about plans for 4,000 new homes (p24-25). And there is a lot more you can read about in this magazine, too - from innovative technology to new cinemas.

Richard Nadal **EDITOR** 

e aroundealing.com

@EalingCouncil

facebook.com/EalingLondon

### **PUBLISHER**

Ealing Council, Communications, Perceval House, 14-16 Uxbridge Road, Ealing W5 2HL, Tel: 020 8825 5000

Richard Nadal, nadalr@ealing.gov.uk

#### **ADVERTISING**

advertising@ealing.gov.uk

Distribution: 138,000 copies.

Ealing Council does not accept responsibility for goods or services offered by advertisers. Opinion expressed in this magazine is not necessarily that of the council.

Please use your blue recycling bin when you dispose of this and other magazines. Printed on recycled paper





## Leader's **Notes**

'Ealing is changing. We have a plan and we are clear where we need to get to'

## **Councillor Peter Mason**



e recently published a new council plan, which sets out our vision for the next four years, as well as explaining our goals for the immediate year ahead. Across the coming pages, you can see some of the council's commitments.

Each summer we will publish an annual update, setting out our progress and the priorities for the next year. We will demonstrate through words and deeds the work we have been able to deliver and be accountable for the impact we have made.

Our borough is amazing, but we know it can change for the better, too. Our priorities are good, well-paid jobs; real climate action; and relentlessly tackling the inequalities that hold people back from achieving their aspirations.

We want to secure a new economy for, and a new relationship with, the people of the borough, to unlock the potential and the creativity of our communities and our towns. We want to collaborate with people and to enable communities to do more: To push power into the hands of people who seldom have it and, when they ask us to do so, get out of the way of communities organised for change when they can do it better.

First, we will require the council to change, too. To become more open, transparent and inclusive - being very clear and honest about the challenges we face.

As part of our commitment to this process, we will be working on a community charter, which will set out your rights as residents and what you can expect from the council.

But the change the borough needs cannot be achieved by the council alone and will require help from our voluntary, public and private sector partners - and also from you.

During the COVID-19 lockdowns we saw a truly collective spirit. The coming together of neighbours and perfect strangers was repeated again during the street celebrations for the Queen's platinum jubilee.

We want this incredible sense of community to last and to be encouraged, and our plans for new town forums will provide just one important way that this spirit can be harnessed further. These forums will have the power to set the spending priorities for local communities, to give residents more of a voice on what they want.

Ealing is changing. As a place and as a council. We have a plan and we are clear where we need to get to. What can you

It was uplifting to discover, not long before the new school term began, that more than nine in 10 of our schools have had Ofsted ratings of 'good' or 'outstanding' - the top two classifications. It is quite an achievement, against the backdrop of the pandemic, and deserves enormous respect. A fairer start for our children is a cornerstone of our vision for the borough - and good schools, local to all pupils, is critical to that. See page 11.

When **Chloe Kelly** scored what proved to be a dramatic winner in the final of the European Championship at Wembley a few weeks ago, it was more than a goal. It was a moment of history. And it was made by one of us, which made it even sweeter. Chloe grew up in Southall and went to school in Hanwell. Like many of you, my sense of pride at what her team achieved felt even keener knowing she was such a key part of it. Like we did with Bukayo Saka (from Greenford) last year after the men's team performed so admirably and lifted hearts, we were delighted to offer Chloe the honour of Freedom of the Borough. She, and the rest of her team, are truly inspirational.





do to help us?



# Four-year vision

Over the summer, the council set out how it intends to tackle the pressing issues facing the borough over the next four years and help to build an even better place for everyone to live.

cross these three pages are some of the highlights of the Council Plan 2022-2026, which sets out its priorities, its promises to you and some of the action it intends to take to deliver them.

It is all informed by the administration's 2022 election manifesto and the council's three primary strategic objectives, which continue to be: Fighting inequality, tackling the climate crisis, and creating good jobs.

Watch a video at aroundealing.com/news/council-plan
View a summary of the council plan at www.ealing.gov.uk/councilplan



## **Decent living incomes**

Bringing new and well-paid jobs back to Ealing and ensuring good businesses can thrive.









## Climate action

Greening and keeping Ealing clean, achieving net zero carbon, and ensuring our parks, open spaces and nature are protected and enhanced.









# Tackling inequality and crime

Relentlessly focusing on reducing poverty and inequality for those that most need support and promoting wellbeing and safety for all.







## A fairer start

Ensuring all our children and young people get the best start in life, from their earliest years through to a great education.



















## **Healthy lives**

Protecting and enhancing the physical and mental health of all, supporting our older residents to enable them to remain independent and resilient and dealing with the ongoing impact of COVID-19

# Inclusive economy

Building wealth within the community by ensuring everything the council does increases social value and contributes to making Ealing a fairer place to live and work.









GAPS THAT
DISPROPORTIONATELY
IMPACT WOMEN AND
BLACK, ASIAN AND
MINORITY ETHNIC
COMMUNITIES



AFFORD TO PAY

## Genuinely affordable homes

Delivering our radical programme of social rent council house building, affordable homes and ensuring our tenants are empowered and have ownership of their communities.



















## Good growth

Making sure the growth that takes place in Ealing enhances its character, conserves its future and makes a great place, where people want to live.

## **Thriving Communities**

Bringing people together to build strong neighbourhoods, empowering volunteers, encouraging community activism, engaging civic and faith leaders, and delivering well-loved community facilities and services.



### **SECURE AND INVEST AT** LEAST £1M IN COMMUNITY AND GRASSROOTS ART,

MUSIC, DANCE AND CULTURE







## **School Open Evening**

Tuesday, 27 September 2022 17:30-20:30

Headteacher's talks: 17:45, 18:30, 19:15

Tickets are available at Eventbrite.co.uk

Greenford Avenue, London, W7 1JJ 020 8575 9162 www.brentsidehigh.ealing.sch.uk

# WHERE TEACHING "CAPTIVATES AND INSPIRES PUPILS"

(OFSTED 2020)

Year on year, Brentside students achieve significantly above students nationally



Join our highly successful Brentside Sixth Form A level results in the top 2% nationally

in two of the three years before Covid

Find out more at our Sixth Form Open Evening in November

## Game changer Chloe



Ealing Council is nominating England star and Women's European Championship 2022 winner Chloe Kelly for Freedom of the Borough, following her fantastic performances in the tournament and winning goal in the final.

Chloe, who grew up in the borough and attended Elthorne Park High School in Hanwell, struck the winning goal in extra time in the final against eight-time

champions Germany, sparking elation across the country.

The 2-1 victory was watched by a record crowd of 87,192 at Wembley and more than 17million watched on TV, and made history as the first win for England at a major women's tournament. It was also the first time any England team had lifted a major trophy at senior level since 1966.

Chloe's record-breaking winning goal and impressive performances on the international stage are something that everyone across the borough can be proud of and her nomination for Freedom of the Borough serves to highlight her achievements.

Read more at aroundealing.com/news/chloe-kelly

Earlier this year, fellow England star Bukayo Saka accepted the same accolade – see more at **aroundealing.com/news/honouring-contributions-to-the-borough** 

## 1,000 free bikes

A thousand bikes are being given to Southall residents without one, in order to help them get active.

It is being done as part of the Let's Go Southall project, which is funded by the council and Sport England; and with the help of Let's Ride Southall, a group of locals working together to improve their cycling with regular rides and bike maintenance.

Council leader Peter Mason said: "This offer is the first of its kind in the whole of London and I am proud that Ealing is leading the way when it comes to active travel in the capital."

Councillor Deirdre Costigan, cabinet member for climate action, added: "Active travel is so important to us, whether that is to support active and healthy lifestyles, help fight the climate crisis or to improve air quality."



Read more at aroundealing.com/news/free-bikes

A draft **Travel in Ealing Charter** was due to go before the council's cabinet in September, setting out how Ealing Council proposes to work with residents in future, to improve local transport projects. The charter has been created following collaboration with hundreds of people from across the borough and aims to give you a say on shaping future projects — and enable you to tell the council what is not working, what you want to see change and help the council to fix those things. Visit **www.ealing.gov.uk/travelinealingcharter** 

The council's annual scrutiny panels are keen to hear your views on four topics that have been chosen for the year ahead. This year, the four panels will be looking at support for residents (Tackling the Cost of Living Crisis), the local economy (Recovery from the Pandemic), climate action (Regrow, Rewild and Recycle) and on housing (Genuinely Affordable Homes). Read more and find out how you can get involved in the panels' work at aroundealing.com/news/scrutiny-2022

Northolt High School is to have a new school building. The much-needed rebuild of the main building will include new resources for students with special educational needs. It is being funded by the school, the council and money recently awarded by the Department for Education.

Keep Britain Tidy has awarded the borough a record 24 **Green Flags** for its parks and open spaces.

Read more at aroundealing.com/news/record-24-green-flags

speedread.



f your child was born between 1 September 2011 and 31 August 2012, he or she will be due to leave their primary school next summer and start year seven at a high school in September 2023.

The recommended date for receipt of applications is 21 October 2022 or, by the absolute latest, the final, statutory deadline is 31 October 2022.

Councillor Kamaljit Nagpal, Ealing Council's cabinet member for a fairer start, said: "Choosing which school your child will attend is a big decision and the applications process can sometimes feel daunting. The council's admissions team do all they can to make the application process as easy as possible, however, we recognise it is an important decision, so if you require support please visit the council's website, contact the schools you are interested in, or speak to your child's current school."

## SCHOOLS INFORMATION

To find out more about your preferred schools, you can visit the admissions pages on the council's website at **www.ealing.gov.uk/admissions** or, alternatively, you can contact the schools themselves. Each school will also be holding an open morning or evening, which you can find on aroundealing.com (see box above).

#### **HOW TO APPLY**

You can apply online at

www.eadmissions.org.uk between 1 September and 31 October 2022. If you are unable to apply online, you can ask your current school for an application form to fill in and ask it for instructions if anything is not clear. If you choose to apply online, you must not complete a paper application as well.

The Cardinal Wiseman (Catholic) and Twyford (Church of England) high schools require a supplementary information form to be completed to assess denominational commitment and these may be obtained either from the schools themselves, or from the council website at www.ealing.gov.uk/admissions

#### **NEW SCHOOLS**

All new schools proposed to open in 2023 will be outside the co-ordinated application process. Parents wishing to apply to those schools will need to contact the school direct and apply on the school's application form. Parents are strongly advised to also apply for established secondary schools through the co-ordinated system because there is no guarantee at this point that the new schools will open in 2023.

## **ANY QUESTIONS?**

Visit www.ealing.gov.uk/ admissions or you can get in touch with your preferred school.

# Top of the class

More than nine in every 10 of our borough's schools are now rated as 'Good' or 'Outstanding' by Ofsted.

fsted inspections
resumed last summer after
being interrupted by the
pandemic, with eight of our
schools being visited. The latest figures
now show almost 97% of council-run
schools are being given one of the top
rankings – and still an impressive 94% when
the other schools are included. Pupils at
our primary and secondary schools are also
getting scores above the national average.

At GCSE level, the 2021 results were the best ever achieved in Ealing despite the disruptions caused to education by COVID-19. And, those of our pupils leaving secondary school are more likely to go on to further education than the national average.

The impressive statistics continue in primary schools, with high averages scored in reading, writing and maths.



**Councillor Nagpal at Wolf Fields Primary** 

## 'INCREDIBLY PROUD'

"I am incredibly proud of the hard work our schools have achieved to get their impressive Ofsted ratings," said Councillor Kamaljit Nagpal, Ealing Council's cabinet member for a fairer start. "It was a key pledge of the council to improve standards because we believe every child deserves a fair start in life. Now, we will work on maintaining and building on this success."

Councillor Nagpal recently visited some of the schools that were inspected this year – including Wolf Fields Primary in Southall, to celebrate the school's impressive Ofsted rating that saw the school move from 'Requires Improvement' to 'Good'.

A focus on essential skills was a key part of this turnaround, but headteacher Simone Neil said there was also a transformation of the culture. She said: "An essential aspect of the overall success is the high level of personal care centred around children and their families. The children understand that Wolf Fields is their school, that their voice is important, and that staff are there to help them achieve their very best."

At Oldfield Primary in Greenford, another school visited by Councillor Nagpal, headteacher James McCormack told her he was 'delighted' with its Ofsted rating of 'Good' awarded in March. He added: "The main thing that got us ready was really revamping our curriculum, making sure that it was relevant for the children of Ealing."

#### **'TERRIFIC EXAMPLES'**

"I was impressed by what I saw and was told at both schools," said Councillor Nagpal. "They are both terrific examples to everyone of what can be achieved for our children. I look forward to seeing our schools build on this success – giving all pupils the best start in life."

Watch a video and read more at aroundealing. com/news/school-standards







# West Acton Primary School



## **OPEN DAY-visit our EYFS**

For Reception 2023 applications

Wednesday 2nd November 2022, 4.00-5.00pm Wednesday 23rd November 2022, 9.00-10.00am



For further information please contact: West Acton Primary School, Noel Road, Acton, W3 0JL. Tel: 0208 992 3144 Email: admin@west-acton.ealing.sch.uk www.westactonprimaryschool.org

West Acton continues to be a GOOD schoo upils said that their teacher are caring. Parents and carers like the inclusivity and

**OFSTED JANUARY 2020** 



## **OFSTED GOOD**

020 8841 4511 www.alecreedacademy.co.uk

## Come and visit us at our upcoming Open Days or arrange a personal tour



Nursery Tuesday 11th October 9.00am - 11.00am



Primary
Wednesday 12th October
9.00am - 11.00am



**Secondary** Tuesday 20th September 5.30pm - 7.30pm



**6th Form**Wednesday 12th October
5.30pm - 8pm

The Principal welcomes you to his coffee mornings on 27th & 29th September and 4th & 6th October 2022 from 9.00am to 10.30am (Please call us to book your place)

www.alecreedacademy.co.uk 🛛 🖪 📵

## **GRAND UNION MULTI-ACADEMY TRUST**





Ofsted Good Provider

Your Local Primary & Nursery School in Ealing

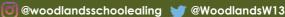








www.woodlands.ealing.sch.uk





## FEATHERSTONE HIGH SCHOOL





**4 MEDICAL STUDENTS CLASS OF 2022** 

**BE PART OF AN EXCITING FUTURE** 

PAID APPRENTICESHIP MANAGEMENT CONSULTANT





'FHS IS A GREAT **SCHOOL WITH SUPPORTIVE** TEACHERS."

26% A LEVEL GRADES: A\*- A 60% A LEVEL GRADES: A\*- B



DILPREET D\*D, D\*



63% OF BTECS WERE AWARDED AT DISTINCTION\* OR DISTINCTION

www.featherstonehigh.ealing.sch.uk

ogenia (in the content of the conten



Montague Waye, Southall, UB2 5HF



early a third of children in England aged between two and 15 years old are overweight or obese, according to the Health and Social Care Information Centre. Children and young people are generally becoming overweight earlier and staying overweight for longer.

And, according to government research, children are consuming half their recommended maximum daily intake of sugar at breakfast time; and by the end of the day have had more than three times the healthy limit.

In response to this, Sugar Smart was set up. It is a nationwide campaign run by the charity Sustain; and Ealing Council's public health team works with the NHS Ealing Early Start team to make our borough a 'sugar smart borough'.

Recently, visits to primary schools have been spreading the message to help the schools, and families, reduce sugar consumption in everyday diets.

Local organisations and companies are also being encouraged to become sugar

smart, too, to raise awareness in adults. If you create three or more 'pledges', you will receive certification - a pledge could be as easy as having a water-only drink policy or displaying sugar fact posters around your workplace. Visit www.sugarsmartuk.org/get\_involved for more information.

## **'FORM HEALTHY HABITS FOR** A LIFETIME'

Councillor Josh Blacker, the council's cabinet member for healthy lives, said: "In Ealing, we are aiming to increase the number of Sugar Smart sign-ups locally. With obesity on the rise and a high percentage of children being admitted to hospital with tooth decay, it is important we work together to raise awareness. The aim of making these small changes is to help children form healthy habits for a lifetime - and adults to think about their own diets, too."

#### **ALFIE IS BACK**

Meanwhile, the Active Living Fun food In Ealing (ALFIE) programme in Ealing

is doing all it can to support those families with children aged between five and 13 who have been identified as being above a healthy weight.

It is back in full swing after being interrupted by COVID and runs fun and interactive workshops that focus on healthy eating and nutrition, including cooking clubs; alongside physical activities that help improve fitness and build confidence.

Find out more at aroundealing.com/ news/alfie-is-back

#### **HEALTHY START SCHEME**

Healthy Start is a government-funded scheme which gives eligible pregnant women, or those with children under four years old and on benefits, access to a pre-paid card to purchase nutritious foods.

If eligible, you are entitled to use the card to buy fruit, vegetables, lentils/ pulses, cow's milk and infant formula, as well as qualify for free vitamins. Find out more about the scheme at aroundealing.com/news/healthystart-scheme 🔤



## GREENFORD HIGH SCHOOL LEARNING TO SUCCEED

## **OPEN EVENING**

Thursday 6th October 2022 5pm - 8pm

Come and visit our high-achieving, hugely over-subscribed community school.

- Consistently in top 5% in UK for student progress over last 10 years with a full, flexible and balanced curriculum
- Over 200 Greenford students go on to university every year, many to Russell Group universities and some to Oxbridge and America
- · Strong commitment to extra-curricular activities including sport, music and trips

Headteacher Mia Pye will talk to parents at 5pm, 6pm and 7pm in the Hall.

If you would like to visit the school during the working day, please see our website or phone 020 8578 9152 for a list of available tours. Please note that there is no parking on the school site except for disabled visitors.

- Lady Margaret Road, Southall UB1 2GU
- 💻 www.greenford.ealing.sch.uk 🍏 @ghsofficial

## The Edward Betham CofE Primary School









Wednesday 21st September **Tuesday 18th October Tuesday 15th November** 

**Open Mornings Tuesday 4th October Wednesday 2nd November Tuesday 22nd November** 

Wednesday 12th October **Thursday 10th November** 9:45 - 10:30am

Edward Betham is a Voluntary-Aided Church of England Primary School for children aged 3-11 years. Please read our SIAMS ('Outstanding') and Ofsted ('Good') inspections and visit us to get a sense of our community school, in which we work positively with parents and carers to serve our pupils from many cultural backgrounds and faiths. You will be made welcome!

If your child is due to start school in September 2023, come and see our learning in action during one of our open mornings. Please contact the school office to reserve a place: 020 8578 8928.

> Faith, hope and love; these three things will last forever, and the greatest of these is love. I Corinthians 13:13



A successful collaboration between the council and the local community has transformed parcels of derelict or unloved land into a linked, blossoming green ribbon of public space that snakes through the borough and boasts fruit harvests and wildflower meadows.

edicated locals who are part of the Hanwell and Norwood Green Orchard Trail (HANGOT) group have worked with council park rangers on parts of the project for years, as it grew along the route of the Grand Union canal from Osterley lock to the Three Bridges in Southall.

And now, as the council's ambitious climate and biodiversity programme kicks into gear, the trail is offering the perfect example of what can be achieved by working together.

One site along the trail, next to the canal in Hanwell, is called The Piggeries. Back in 2015 the group of HANGOT volunteers, backed by council funding, began work to create a waterside wildlife haven for creatures like hedgehogs, beetles, birds and bats. The result today is a beauty spot with wildflower meadows, wetland space

and, of course, native trees providing fruit foraging for local people - where once stood an unused builders' yard and general eyesore.

Park ranger James Morton explained: "Our philosophy is to work with partners, residents and local organisations to try to manage these places, so they are better for people and better for wildlife.

"The local group here comes here and they do all the regular work - and it is all carbon neutral, with no power tools involved."

## **'ONLY POSSIBLE WITH HARD** WORK OF LOCAL PEOPLE'

The council's multi-million-pound climate action programme includes significant greening and biodiversity projects. Read more at aroundealing. com/news/action-for-biodiversity

## **Greening: 2022-26**

- 37,000 trees have been planted since 2018. By 2026, another 50,000 will be planted and, by 2030, 25% of the borough will be covered by tree canopy
- A tree nursery has been set up with the Friends of Horsenden Hill – see aroundealing.com/news/ tree-nursery
- 10 new parks and open spaces planned, including at Glade Lane, Southall
- 800,000 sq m of land will be given back to nature - the size of 130 football pitches – through rewilding and reintroducing wildlife. For example, a beaver project in Greenford - visit aroundealing. com/news/bringing-back-beavers
- 10 new growing spaces will be created in housing estates and new developments - with the first in Acton
- Wildflower meadows created and roadside planting of wildflowers continuing.

Councillor Deirdre Costigan, the council's cabinet member for climate action, said: "Whether it is planting 50,000 trees to help expand our canopy, increasing our meadowlands to boost wildflowers and insects, or supporting walking, cycling and scooting to help create a carbon neutral borough by 2030, we are taking urgent and decisive action now.

"Of course, tackling the climate emergency is only possible with the hard work of local communities. residents and volunteers."

For the full story and a video, go to aroundealing.com/news/ piggeries-greening 🔤

Getting to work on jobs plan

A revamped and dynamic local economy is the aim of a plan to generate new, well-paid jobs and help lead the borough to a brighter future.

he pandemic hit our borough hard, with higher-than-average rates of furlough, and now the cost-of-living crisis is biting as well. To make matters worse, the borough's unemployment rate of 6.7% is higher than the 4.4% average across England – and also the fourth highest rate among London boroughs; and more than a quarter of those who are working are employed in jobs (26%) paying less than the London Living Wage.

#### **BACKING NEW BUSINESS**

Ealing Council's Good Jobs campaign was started last year as a high priority in a bid to start to address these problems. Early on, it targeted the need to support businesses to set up in the borough; and 165 new companies were registered in 2021. Owners will be pleased to know that the success rate of new businesses surviving past their first year is higher in Ealing than

the London average – with nine in every 10 making it through.

One such newcomer is the Ealing Project (see page 20), and its combination of career opportunities with cultural activities is neatly representative of the council's ambition to provide good local jobs while also helping to make our towns a 'destination' we can be proud of and that people want to visit and spend time in. The more people are visiting, the more local businesses can generate money, thrive and grow.

A pioneer fund has been helping a number of local entrepreneurs to grow their business (read more at aroundealing.com/jobs).

And young, or small, independent businesses are being encouraged to start up in, or move to, our borough through increasing the affordable space available. Park Royal has become a new Creative Enterprise Zone (see aroundealing.com/jobs/

**new-creative-enterprise-zone**), there will soon be an Innovation District for Greenford, and Southall Manor House is in the process of becoming a centre for business incubation (see page 22).

CREATING GOOD JOBS

Merkesha

#### **10,000 NEW JOBS**

Council leader Peter Mason said: "We want new and existing businesses to help lead our drive towards a 'new economy' that can help make sure every resident can access a well-paid job, local to them, in a growing economy that keeps more of our money local.

"Indeed, as part of the new Council Plan for the next four years (see page four), we have pledged to help create 10,000 new jobs. Good Jobs is not just a slogan to us."

Specific plans tailored to our towns' individual needs are also being developed – such as the Southall Reset (see page 22) and Visions for Northolt (see **aroundealing.com**).

Councillor Mason added: "There are challenges, but there is also opportunity. The Elizabeth Line opening in the borough has only added to the potential of our seven towns."

## 'APPRENTICESHIPS ARE AMAZING'

The council has promised to support 2,000 new apprenticeships between now and 2026, building on the 800 already created over the previous four years.

Merkesha, an Ealing resident, is a cultural education partnership apprentice at the council. She was nominated for Apprentice of the Year in the 2022 awards. As part of her job, she has been helping others on their career paths by supporting teachers to upskill and also offer more creative

opportunities at their schools.

"We want to bring more awareness of careers in the arts and culture sector," she said. "A creative career is a bit overlooked, but we want to change that.

"My team is also trying to support artists by providing opportunities such as funding and networking.

"I think apprenticeships are amazing. An apprenticeship can really teach life and transferable skills. You also earn a living while getting a qualification."

## 'YOU ARE NEVER TOO OLD TO LEARN'

Brent Charles, an apprentice site manager for Durkan at the project to regenerate homes at Sherwood Close in West Ealing, has benefited from an apprenticeship in his 30s.

"I wanted to become more knowledgeable, competent and marketable," he said. "I also wanted to get technical experience. You are never too old to learn."

As both Merkesha and Brent found, there is a wide range of apprenticeships available – from construction to culture.

Find out more about becoming an apprentice yourself – or taking one on if you run a local business – at

### workealing.com

You can read more about Merkesha's and Brent's experiences at aroundealing.com/jobs

## 'A GREAT ROUTE INTO THE WORKPLACE'

Councillor Bassam Mahfouz, the council's cabinet member for decent living incomes, said: "Off the back of achieving more than 800 apprenticeship opportunities, we are being even more ambitious to provide alternative routes into good, well-paid work for our residents. As part of our plan for good jobs, we are committed to securing 2,000 new diverse apprenticeships, which offer a great route into the workplace or for starting a different career."

#### **JOBS FAIRS**

After the success of two recent jobs fairs, the council has planned more this autumn. These include one for the health care sector on 20 September at Ealing Town Hall, and another for the hospitality and retail industries. Keep up-to-date with the latest jobs news by signing up for emails at www.ealing.gov.uk/register and selecting 'employment, skills and training'.



Ealing Project is on the ground floor of the Ealing Broadway Shopping Centre transforming the dark basement area that used to house nightclubs into a surprisingly roomy and high-ceilinged neighbourhood arts and culture miniplex.



# Going underground for a cultural high

he new venue opened this summer and features a threescreen cinema, a café, a bar, community room, a stage for live music performance and space to exhibit art by local artists.

It is more good news for the borough, following hot on the heels of the impressive Act One Cinema in Acton (visit aroundealing.com/news/act-one) and with Ealing Filmworks drawing near too; but Ealing Project aims to be a different kind of place, with multiple uses, after receiving support from Ealing Council for its vision for the site.

#### FILM, MUSIC AND ARTS

"Ealing Project is the first cinema in central Ealing in more than 14 years, but we want

to be much more than a cinema," said Nick Vergara – who is director of culture. engagement and partnerships for the Really Local Group. This is the fifth high street regeneration project by Really Local Group, with another five on the horizon.

"Essentially, it is a cultural space based around three main things: Film, music and arts. We've got



three cinema screens, totalling over 250 seats. We'll be doing all the big blockbusters, we're also reserving a decent portion for local independents and private hires and things like that.

#### **BRINGING LIVE MUSIC BACK**

"So, that's the film side of things, we've also got music. We're bringing a live music venue to Ealing, which is fantastic. The borough is in real need of that.

"It's got all this amazing musical heritage, with the blues and rock and bhangra.

"Bringing performances back to Ealing is what it really needs. We'll be able to showcase bands, DJs, steel pan workshops - the lot.

"And then there's art. We've got a

## ALING ROJECT

lusic | Food | Community



ton of wall space here to exhibit local artists and we'll be working with some of the local festivals."

Community groups and organisations will also be able to hire out space for events and meetings, while people are encouraged to come in to sit at a desk and work with a coffee or just relax.



#### 'A SPACE TO SPEND TIME IN'

"Like all of our venues, it's an opendoor policy," said Nick. "We see it as a piece of the public realm in a way, so somewhere where you can go, meet up with some friends; you know, open up a laptop, work for the day; just hang out, meet up with your community group whatever - go and do a workshop, go and see a film. It's a space that you'd rather spend five or six hours in, rather than just pop in and out of a cinema.

"I went to school in Ealing. I spent loads of my youth here. From being a young person and walking around the area, and wanting to do things related to culture, arts, music, there was never really much. We'd end up having to go to other parts of London, other parts of the UK. And I just think it's really important to bring all that back to Ealing.

"There's so much cultural talent here. There are so many good artists, musicians, film makers from Met Film School, creators from institutions, community groups. This is all about giving them a platform and making sure local people have a place to thrive."

The food and drink served at the venue will also include some from local producers and suppliers.

#### 'A FOCAL POINT'

Councillor Jasbir Anand, the council's cabinet member for thriving communities, welcomed the arrival of Ealing Project. She said: "Our town centres are so important to our borough's cultural and social life and

it's fantastic to see somewhere that can help to foster this in Ealing by offering a focal point for the enormous artistic talent here while also supporting grassroots groups and local businesses in the community. And, of course, it's a new social destination for local people."

Ealing Project opens daily, 10.30am-11pm, in High Street, Ealing (between Marks & Spencer and Costa). Find out more at ealingproject.co.uk ...

## **NEW CINEMA NEARLY READY TO ROLL**

The Ealing Filmworks development built around the old art deco cinema in Ealing Broadway has been flying up in recent times. And the long-anticipated new cinema itself is due to open this winter.

Filmworks is being set around a new public square and will eventually have an array of shops, restaurants and bars; and the cinema will have eight screens and more than 1.000 seats. It will also include more than 200 new homes.

Keep an eye on aroundealing.com and the winter edition of Around Ealing magazine (out in early December) for more details.

Councillor Shital Manro, the council's cabinet member for good growth, said: "This is a very exciting time. The Elizabeth line opening has made Ealing even more accessible to the rest of London than ever before and this development - as well as providing a fun place to watch the latest movies – is a key part of our plans to regenerate and revitalise the town centre and attract further businesses, jobs and investment."



The Southall Reset is a new, four-year programme aimed at supporting its residents and businesses by tackling deep-rooted challenges specific to Southall.

ouncil leader Peter Mason said: "Residents have told us what needs to change, and we are listening. We'll be working with the community to improve the area for those living and working here, with ambitions to build on Southall's vibrant local economy and its reputation as a destination for visitors.

"The council wants to support, encourage, and enable the community

to get involved in shaping Southall."

Things are already getting under way.

## TOWN FORUM AND REGENERATION

This autumn, the council will start to set out a new, community-led regeneration charter for the town. In tandem, also this autumn, a new town forum for Southall is due to be set up to allow residents and businesses to influence

future development and investment. Keep an eye on **aroundealing.com** for more details.

#### **BOOSTING BUSINESS**

More than 300 people went to Southall Manor House during the summer for a day of networking and inspiration at Southall's first ever business expo.

The free event was organised by Contactus Ealing on behalf of Ealing Council, with the aim of raising the profile of existing businesses and promoting the town as a top destination for new business.

Councillor Shital Manro, cabinet member for good growth, said: "A first for Southall, this event is part of the council's renewed commitment to support and invest in the area by providing opportunities for the local community to come together and be a part of shaping and supporting Southall's economic future."

The expo represented the start of



something special at Southall Manor House, which is earmarked to play a key role in the area's future in the coming years - by helping to nurture local businesses and jobs.

The iconic building, which is packed with history, was extensively and lovingly restored by the council a few years ago and now the council has partnered with Meanwhile Space Social Enterprise to manage it until April 2024. The organisation's expertise is in transforming underused spaces into affordable, flexible places to support local entrepreneurs, start-up businesses and the community in general.

A survey during the summer asked residents for their views and the plan for Southall Manor House's future will be announced soon. As well as workspace for business. it could include training programmes and workshops and an event space with catering facilities for the community.

Councillor Mason said: "The regeneration of Southall Manor House is part of supporting our hardest hit residents by bringing more work opportunities in the area and making the local economy more diverse."

#### **GETTING AROUND**

A Southall Active Travel project will create a renewed focus on walking and cycling schemes in the area, to make it easier to get around the area on foot or by bike - which is not just good for your health, but good for

the environment too, and for cutting congestion on the roads.

A cycling and pedestrian bridge is soon to open in Merrick Road along with turning the disused toilet block into a new cycling café. And, in Uxbridge Road, a modern cycle lane is being created to make it easier, safer and more pleasant for biking along one of the area's key routes.

## WALKING, CYCLING AND **WORKING OUT**

It will help to build on all the good work that Let's Go Southall - funded by Sport England and the

> council - has been doing to improve local

access to sport and exercise.

Earlier this year it played a key role in setting up a Parkrun in Southall Park: and has been creating a Wellbeing Way along Southall Grand Union Canal. This is transforming the

towpaths and walkways to make them more attractive for travelling along on foot and by bike. See more at aroundealing.com/news/activetravel-investment

Let's Ride Southall, meanwhile, is offering regular cycle rides and bike maintenance. The council is supporting it all the way by helping to provide a whopping 1,000 bikes to residents free-of-charge.

Four new outdoor gyms recently opened at Spikes Bridge, Manor House, and Southall parks and also Southall Recreation Ground. They each have equipment specifically

designed for use by people of all ages, backgrounds and abilities. Some even have interactive screens to help people with a tailored workout. And there is even a timetable of regular classes, activities and events available for the gyms. Find out more at aroundealing. com/news/new\_free\_gyms

## 'NOT SIMPLY ABOUT NEW **FACILITIES'**

Councillor Jasbir Anand, cabinet member for thriving communities, said: "It is part of our ongoing work with Let's Go Southall, which is helping us deliver a community-led approach to encourage the residents of Southall to stay healthy and active, and use their parks and green spaces in ways that work for them.

"I know just how strong the sense of community is here in Southall, and that is why we are prioritising and supporting local people to make lasting changes to their lifestyles through a support network and meaningful, personal connections. The programme is not about simply providing new sports facilities or services."



# 'It really is a lovely place'

"Finally, I'm now 100% independent", said Ana-Maria after moving into her new council home in Hanwell.

he 25-year-old has suffered with mobility problems since a spinal injury in 2019; and had experienced difficulties in getting around her former home in Acton. But, in May this year, the human resources co-ordinator moved into an apartment in the newly completed Central Square area of the Copley Close estate, which she says has given her 'a new lease of life'.

Central Square is the latest phase of Ealing Council's £100million, multiple-awardwinning regeneration of Copley - one of the largest councilled housing redevelopment projects since the late 1970s. It has been built in partnership with the council's housing company Broadway Living, which is helping with one of the biggest council homebuilding programmes in the country.

The 201 homes in Central Square include 85 flats for council tenants, with a further 35 offered at discounted market rent - an affordable rent set at 20% below open market value and restricted to eligible households. Another

33 homes will available as shared ownership. Proceeds from the sale of the remaining 48 homes will be used to subsidise the development of more new social housing.

## 'IT IS PERFECT FOR WHAT I NEED'

A tenth of the homes in Central Square have also been specially adapted for wheelchair users, with extra-wide doorways and plenty of turning space in every room.

"My disability meant that I relied heavily on my mother whenever I needed the bathroom at my former place, but I'm so happy now with my new home," said Ana-Maria.

"The apartment is so beautiful, and it is such a quiet place to live, but best of all, it has been adapted so that I can get around easily. There is a place to store my wheelchair and my crutches so that they are out of the way.

"The bathroom is so much more accessible for me: it has a new level-access shower and a specially adapted toilet, giving me everything I need to feel more independent. It really is a lovely place - perfect for what I need."

Ana-Maria





#### THOUSANDS MORE AFFORDABLE HOMES

Councillor Lauren Wall, the council's cabinet member for genuinely affordable homes, visited Ana-Maria. She said: "I'm so pleased to hear that Ana-Maria has settled into her fantastic new apartment.

"In 2018 we promised that we would do all we could to help tackle Ealing's affordable housing crisis. We were delighted to announce in May that, in just four years, we had delivered more than 2,700 new homes to be socially let. We know just how important good quality, affordable housing is to our residents' life chances, and with thousands more waiting for a council home, there is still lots of work to be done. We have a new target of 4,000 more by 2026, which will mean another 4,000 families will have the peace of mind that comes from living in an affordable, permanent home." ...



## 4,000 more by 2026

One of the biggest challenges our borough faces is a chronic shortage of housing that local people can afford. Average house prices are around 10 times the average salary, while just 10% of privately rented homes are within the budgets of local people on moderate incomes. Yet, the area's great transport links, outstanding schools and beautiful parks mean that more and more people want to live here.

To help reduce the gap between supply and demand, the council is running one of London's biggest council homebuilding programmes. It has recently committed to delivering another 4,000 genuinely affordable homes to let by 2026, both by directly building homes and also by insisting that a proportion of all new homes at private and housing association developments in the borough are socially let. Local residents and key workers will have priority access to these new homes.

## • EALING FOSTERING CONNECTIONS



Do you remember what it was like to be a teenager? Now imagine your family was having difficulties and all you wanted was somewhere safe and stable to stay. Fostering a teenager can be challenging, but it's a hard time for them too. We need you to understand the needs of our young people and be there for them through the highs and lows, to support them on their journey. As a foster carer we will provide you with excellent support and training. We also pay teenage fostering allowances of between £337 to £470 per week for each young person you look after, depending on their age and your experience.

Together we can do this at ealingfosteradopt.co.uk Freephone: 0800 731 6550 Email: fosteradopt@ealing.gov.uk Facebook: /ealingfosteradopt





"She is better than a mum," said Jefferson as he looked at Julie on a sunny day in the garden when we visited a family with a difference.

ulie Browne and her partner Clive Hughes started fostering Jefferson when he was 15. And then, when he turned 18, he continued to live with them under a little-known scheme with a big impact.

Ealing Shared Lives has been run by Ealing Council for almost 30 years. It places adults who have additional needs with local families - either to live with them or to spend some regular time together.

Like with Jefferson, who is now 23 years old, it can be a full-time arrangement as an alternative to living in a care home. Or, alternatively, carers can help by providing respite care - giving other families a break, whether for a weekend, a day, or even a few hours.

Julie has five cared-for children living with her. Two under the Shared Lives. scheme and three being fostered. The youngest is nine years old.

"Knowing that we can make a difference is what drives you on," said Julie. "And they become part of your family – the youngest ones call us Nan and Grandad, and they all call each other brother and sister.

"A lot of these children have been through hell. You need to let them realise they are needed, wanted and loved."

The road to Shared Lives began years ago via fostering. And, when asked whether she would recommend becoming a Shared Lives carer to others, Julie said: "Yes, I would. But you've got to want to do it and want to make a difference. I enjoy doing it, and being there for people, and having the knowledge that I'm helping.

"We are just one big, mad family," she laughed.

#### 'A CREDIT TO THE COMMUNITY'

Councillor Josh Blacker, the council's cabinet member for healthy lives, said: "Shared Lives carers like Julie are such a credit to the community and we are looking to recruit more. Like her, some people who have fostered before might be particularly suitable - whether for short respite care or longer-term care in your home. However, you do not need any specific qualifications or experience to be a Shared Lives carer. If you are flexible, committed and caring – and have a spare bedroom – then our team would love to hear from you for a chat. Shared Lives carers are paid and receive ongoing training and support, as well as holidays."

### WANT TO FIND OUT MORE?

Visit www.ealing.gov.uk/sharedlives or you can call 020 8825 5166 or 020 8825 6323 or email FitzgeraldV@ealing.gov.uk ==

Read the full, heartwarming story of Julie and Jefferson at aroundealing.com/ news/family





The award-winning
Ealing Half Marathon is
back once again and will
take place on Sunday,
25 September 2022.

he popular race, which is endorsed by Ealing Council, is celebrating its 10th year. It will begin in Lammas Park at 9am. Up to 4,000 runners are expected to take part, along with thousands of spectators and hundreds of volunteers. Many of the runners are raising money for charity.

If you are planning on cheering on the runners, the 13.1-mile course will cover parts of Montpelier, Pitshanger, Central Ealing and Hanwell before returning to Lammas Park via Uxbridge Road.

#### **ROAD CLOSURES**

To ensure the safety of participants and spectators, all the roads that the event passes through will be closed to traffic at some stage during the event.

To minimise any disruption to residents, the race organisers will close roads as the lead runner approaches and attempt to re-open roads no later than 15 minutes after the last runner has passed by in Montpelier, Pitshanger and Central Ealing. All other areas remain closed until the times stated to allow runners to return to Lammas Park safely.

Movement around the course before the race starts will require your

co-operation as course checks are carried out and equipment is put in place.

The first roads will close from 7am on the day of the event and it is anticipated that all roads will reopen by 1pm.

Affected buses that operate in the area will be on diversion from 6.30am until 1pm on 25 September.

#### MORE INFORMATION

For more information about Ealing Half Marathon or to contact the organisers, visit **www.ealinghalfmarathon.com**. For enquiries about road closures, call 020 8825 5000.

If you would like to be one of the 700 volunteers and earn a free place to next year's event, you can register your details at www.ealinghalfmarathon.com/volunteer

Road	Full Closure (from)	Estimated Reopening	Road	Full Closure (from)	Estimated Reopening	Road	Full Closure (from)	Estimated Reopening
Church Lane	7.00	12.55	West Road	8.40	10.20	Drayton Bridge Road	8.30	12.10
Culmington Road	8.00	12.55	Helena Road	8.40	10.20	Greenford Avenue	8.30	12.10
Churchfield Road	8.00	12.55	Mount Avenue	8.40	10.20	Home Farm Road	9.20	11.45
Broomfield Road	8.00	12.55	Woodfield Road	8.40	10.20	Westcott Crescent	9.20	11.45
Uxbridge Road (part)	8.00	12.55	Pitshanger Lane	8.40	10.35	Cuckoo Avenue	9.20	11.45
Longfield Avenue	8.40	12.20	Curzon Road	8.40	10.35	Borders Road	9.20	11.45
Gordon Road	8.40	12.15	Meadvale Road	8.40	10.40	Cuckoo Lane	9.20	12.00
Carlton Gardens	8.40	9.50	Pitshanger Park	9.00	10.40	Church Road	9.20	12.00
Carlton Road (part)	8.40	9.50	Woodbury Park Road	9.00	10.45	Bunny Park	9.20	12.00
Castlebar Road (part)	8.40	9.50	Scotch Common (part)	9.00	10.50	Alwyne Road	9.20	12.00
Eaton Rise	8.40	10.00	Kent Avenue	9.00	10.50	Manor Court Road	9.20	12.10
Montpelier Road	8.40	10.20	Cleveland Road (part)	9.00	10.55	The Avenue	9.20	12.15
Mount Park Road	8.40	10.05	Wimborne Gardens	9.00	10.55	Lavington Road	9.30	12.55
Aston Road	8.40	10.10	St Stephens Road	9.00	11.00	Kingsdown Avenue	9.30	12.55
Woodville Road	8.40	10.10	St Stephens Avenue	9.00	11.00	St Aidans Road	9.30	12.55
Park View Road	8.40	10.15	Argyle Road	9.00	12.10	Elers Road	9.30	12.55
Hillcrest Road	8.40	10.15	Courtfield Gardens	9.00	12.10			



# Let's get protected Get the COVID-19 vaccine



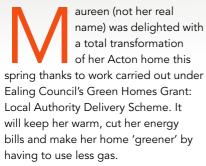
To find out information on the vaccine in your language, visit www.ealing.gov.uk/CovidVaccines





# Warmer, not poorer

"I'm really pleased with it. I noticed the warmth in the house was greatly improved immediately."



The work was done as part of the west London Green Homes Grant scheme, led by the council on behalf of a consortium of 13 boroughs, and funded by the Department for Business, Energy, and Industrial Strategy. The scheme is focused on providing grants to local, low-income homeowners living in cold and less energy-efficient properties.

Maureen applied for the help after being told about it by a friend.

## 'I WOULD LOSE WARMTH REALLY QUICKLY'

"My house is old," she said. "It was built in the 1930s and was very, very cold in the winter. It had solid brick walls with no insulation on three sides, and poor insulation in the loft.

"When my heating was switched off, I would lose the warmth really quickly. Which meant I had to keep it on or get cold, and that becomes expensive.

"But now I've had external wall insulation on all three outside walls, and some improvements in the loft, and now the heat stays in the home. The idea is to cut down on your bills because you don't lose all your heat and don't need to use as much. And that is what I am seeing already.

"The weather was so cold earlier in the year, but I noticed a difference straight away. The house retained heat rather than it all leaking out of the walls."

## 'I FEEL VERY FORTUNATE'

"And the outside of the house looks fabulous now, too," Maureen continued. "It has been smartly rendered with smooth silicone that is coloured and will never need to be painted again. It can just be hosed down with a jet wash, if it needs a

clean, rather than having to paint it every two years like normal rendering.

"It even keeps your home cooler in the summer, too.

"I feel very fortunate. I've never had anything free in my life, so I couldn't believe my luck. I recently suffered a bad illness and can pick up infections very easily. This work will help enormously, and I feel more secure. Especially with the heating bills rising so much at the moment around the country. I feel like I can look forward to the winter now."

After an overwhelming response, the Green Homes Grant scheme is currently closed to new applicants. However, the Healthy Homes Ealing helpline is still available to residents and offers energy efficiency advice to those struggling with rising energy bills. Find out more at

www.ealing.gov.uk/ healthyhomesealing or call 0800 083 2265.





'Electric wallpaper'
using pioneering infrared technology is being
fitted in council homes
in Greenford – promising
an amazing ability to
slash energy bills and
carbon emissions.

aling Council is running a pilot scheme with energy company NexGen Heating to replace the gas heating in 25 homes with special, warmth-emitting panelling on the ceilings.

If it proves as successful at reducing bills and increasing energy efficiency as expected, it could be added to council homes (and beyond) on a far wider scale.

It is one of several electric-only heating options being trialled by the council as it moves towards greener buildings and the end of gas boilers being installed, or replaced, in its homes from 2023. Another example is the Energiesprong project in South Ealing, where 44 homes are having air source heat pumps installed – which you can read about in our previous article at aroundealing.com/news/retrofit

## WHAT IS THIS NEW KIND OF HEATING?

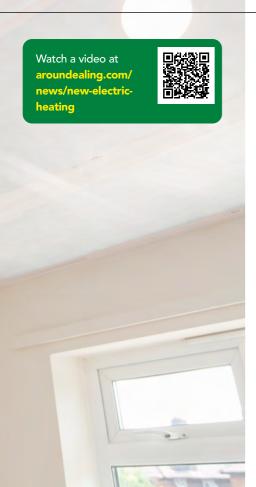
It harnesses two types of cutting-edge technology to make it feel as if you are sitting in the warm glow of the sun's rays, in your own home.

It can be flipped on and off in specific rooms, like a light switch, providing instant heat. So, unlike traditional heating, it does not have to be on throughout the whole house. It can be turned on in the rooms where you are – thus further saving energy and money.

David Leabeater, business development director at NexGen, explained: "Firstly, the panels are made of a wonder-material called graphene, which is a Nobel Prize recognised type of carbon, invented and produced in the UK, which is ideal for converting electricity into heat.

"Secondly, the infra-red technology – the panels emit this in the form of direct heat. It is essentially light, but being infra-red it has a heating effect, it is literally the warmth you feel when you are sitting out in the sun. We are looking at a highly efficient way of heating homes – not to mention being a cleaner and cheaper alternative to a gas boiler."

NexGen is as thin as wallpaper and is designed to be installed just as easily, typically on ceilings. Installation is intended to be simple and flexible – it could potentially be fitted by decorators in the future – and the technology has a very long lifespan. It can be painted or papered over



and has such a low voltage, but such resilience, that you could even hit a nail through it and not notice.

David continued: "The heating from this technology is pretty instant and can be adapted so you can heat specific rooms, or even just part of rooms such as your desk or above the sofa. You can avoid wasting energy and money unnecessarily heating other parts of the home."

#### OFFERING HOPE FOR THE FUTURE

NexGen heating is at its best when it is used in conjunction with solar panels and smart batteries, and this combination can result in near net zero carbon emissions - and at a far lower cost than traditional heating.

There are already a number of



initiatives offering solar technology for local homes and there is real potential to offer this kind of joined-up approach to cheaper and greener heating in the future.

David added: "Ealing already has a lot of properties with solar technology so the potential here is great. A home could utilise solar panels in the day and switch to a smart battery overnight - it is a great alternative to using gas.

"We are working with the council and a number of local households to investigate and move towards increasing the use of this technology at scale.

"We want local people to buy into the many benefits as the concept becomes more popular - after all, it can cost half the price of some traditional methods of heating."

### 'WE HAVE TO BE BOLD'

Gas heating in homes is one of the UK's largest contributors of the harmful carbon emissions damaging our environment. And tackling fuel poverty and the rise in energy bills is also critical. The different electric

technologies being trialled by the council might provide some answers to both of these challenges.

Councillor Deirdre Costigan, the council's cabinet member for climate action, said: "Gas heating causes around a fifth of the UK's harmful emissions, so it simply cannot be ignored. We have committed to stopping installing, or replacing, gas boilers in our council homes by 2023 and, to do that, we have to be bold and look at different ways of securing cheap, efficient and environmentally friendly energy.

"In this cost-of-living crisis, we are doing everything possible to help local people save on their bills, as well as supporting this important transition to greener forms of energy as part of the council's commitment to reaching net zero on carbon emissions by 2030. And NexGen can seeminaly tick a lot of boxes on both fronts, so I look forward to seeing how it performs in the trial.

"Hopefully, we will see some real success over the course of the pilot scheme and we can introduce it on a wider scale." 🔤

## Courses for everyone

# Learn Ealing's new course prospectus is now here.

We can help you get job-ready, improve your career prospects and support you with life skills.

New courses for 2022/23 include: computer skills, preparing for the film industry, better breathing for better health, understanding autism and many more.

You can also join our *free courses to help you improve your maths skills* such as managing your finances, budget smart - explore savings, cook on a budget and calculate income versus expenditure.

Many of our courses are delivered online or face-to-face in venues across Ealing, so why not pick a course to get started with your learning?









Thursday 22 September – Sunday 25 September

Discover the transport treasures hidden in our Depot in Acton Town.

Book online in advance at ltmuseum.co.uk





It was Volunteer's Week in the summer. Not only does volunteering help other people in the community – it can also help you, too.

'I love volunteering'

olunteering was critical to supporting local people during the COVID-19 pandemic. And many new volunteers stepped forward during that time, not least through the Ealing Together group led by the council.

But even outside times of emergency, volunteers play an incredibly important role in our local communities. And the benefits work both ways.

Councillor Jasbir Anand, Ealing
Council's cabinet member for thriving
communities, said: "As well as a sense
of satisfaction at doing something
good, it can provide you with new skills,
regardless of whether you are working
or retired, and also bring increased
confidence. But it also has wider mental
health benefits. Research suggests that
the benefits for older people or those
with long-term health conditions may be
even more pronounced. These volunteers
appear to experience less depression
and improved mental wellbeing than
their peers."

## AGE UK EALING

Age UK Ealing is based at Greenford Community Centre, which is owned by the council. The charity has managed the centre, in Oldfield Lane South, since 2016. As well as running the community centre, it provides a day service there that supports older people with various levels of need – including early onset dementia and learning difficulties; or simply to help combat loneliness and social isolation.

The charity's volunteers play a key role in all of this, but also help provide a befriending service.

Councillor Aysha Raza, the council's cabinet member for tackling inequality, said: "Volunteers are often a vital part of the social glue that brings our community together – and, like in Age UK Ealing's case, they can be supporting some of the most vulnerable in society. I've seen it for myself."

## 'CONNECTION AND GENUINE FRIENDSHIP'

Amit Dhiman started at
Age UK Ealing during
the pandemic as a
volunteer telephone
befriender. He
said: "I got into
volunteering during
the pandemic, after
watching a section
on the news that

followed a volunteer

checking in with their client. It costs me nothing but a weekly commitment and gives me back a rewarding sense of connection and genuine friendship."

#### 'I LOVE VOLUNTEERING'

Elizabeth Rowell, 79, said: "I became a volunteer for Age Concern Ealing – as it was then known – when I took early retirement from the BBC in 1998 and wanted to do something helpful. I love volunteering for Age UK Ealing and spending time with all my wonderful friends here."

## Want to know more?

Find out more about volunteering locally, and read the full story, at aroundealing.com/news/love-volunteering



Amit Dhiman around ealing Autumn 2022 35

# Finding balance

Falls and fall-related injuries are a common and serious problem for older people. They can lead to injuries, distress and loss of independence.



ach year, the NHS in
London deals with thousands
of fall-related injuries
and, nationally, it spends
billions of pounds a year on treating
those injuries.

In many cases, longer-term effects of falls can mean a greater dependence on social care support in the home or admission to a care home.

Councillor Josh Blacker, Ealing Council's cabinet member for healthy lives, said: "As we age, the chances of suffering a fall increase.

"But you can reduce your risk of having a fall and suffering injury – and Ealing Council works with organisations that can help you do this.

"This includes taking simple tips for safety in the home and doing exercises to improve your core strength and balance, which is vital."

StayActive4Life runs strength and balance classes throughout the borough, on behalf of the council. The sessions are led by trained fitness instructors.

## 'THERE'S A REALLY NICE SOCIAL ASPECT TO IT'

Peter Kahn, 71, has been attending the StayActive4Life classes across the borough – at Greenford, Northolt and Acton – for almost for four years because of a neurological condition that affects his balance. He said: "I'm a great fan of what they do. I've really noticed that my balance is better and also my confidence in trying things out is improved too. It enables me to get on and do things. The older you get, your body slows down – but it doesn't mean you have to give up."

Pam Julien, 61, goes to Greenford Baptist Church for classes on Mondays and Wednesdays. She joined after seeing how it had helped her mother Ann. Pam said: "Her mobility has really improved. It's very good and I'm challenged by the exercises, too. There's a really nice social aspect to it, as well. It's a fun hour."

Contact StayActive4Life via email at admin@stayactive4life.co.uk or call 07715170207.

Read the full story at **aroundealing.** com/news/avoiding-falls •

## Foiling falls

- Get regular sight and hearing checks
- ✓ Look after your feet, wear properly fitting shoes and slippers
- ✓ At night, keep a torch by your bed, use night lights or leave a light on in the hallway and near the toilet
- ✓ Remove or tape down uneven tiles or carpeting
- ✓ Buy a non-slip bath mat
- ✓ Drink plenty of water
- ✓ Move about get up for a walk or stretch every 20 minutes or so
- ✓ Try a nearby strength and balance programme. Or try a Tai Chi, gentle yoga or light stretching class - there are some free in community centres.

For more details, visit www.ealing.gov.uk/falls



The mayor of Ealing, Councillor Mohinder Midha, was formally elected in May. Rachael Coutinho met her to find out what motivates the borough's 'first citizen'.

ouncillor Midha has been in politics for more than 12 years, serving as a Labour councillor in two wards during that period.

"I have had the privilege of working with the incredibly diverse and vibrant community of Southall in my roles as ward councillor for Dormers Wells and Lady Margaret," said Councillor Midha. "As mayor, I am looking forward to getting to know more about the wider borough and the people who live here. I want to represent the whole community and play a key role in bringing our communities together.

"I am confident that I can help the local people in Ealing. I am here to listen and help wherever I can."

#### GIVING BACK TO THE COMMUNITY

Giving back to the community has always been important for Councillor Midha in both her work and personal life. She said: "Southall is one of the most deprived areas in the borough.

I am always trying to do more things for the Southall community. I am a member of several associations in Southall, including the Indian Worker Association, and run a ladies' club once a week."

Educating young people is another issue of particular concern for Councillor Midha.

"I am passionate in preparing young minds for the future," she said. "I am a school governor in a few different schools within the borough. One of my favourite parts about being mayor is attending children's awards ceremonies."

#### **HELPING FAMILIES**

During her year as mayor, Councillor Midha will hold events to raise money to support her chosen local charity, Heartlink Ealing.

She said: "This is a charity close to my heart, because South Asians have a high risk for heart disease and diabetes. I hope that I can help support the great work that they do for the community, especially the South Asian people."

The mayor will also continue to don her formal robe and chain to preside over citizenship ceremonies, community meetings, and to chair meetings of the full council, until May 2023.

Read the full story at aroundealing.com/ news/mayor-proudand-honoured-toserve-community



THE MAYOR



Shahbaz Ahmed Labour 0754 080 1722 AhmedShah@ealing.gov.uk



Aysha Raza Labour 0772 031 2035 Aysha.Raza@ealing.gov.uk Cabinet: Tackling inequality



Sanjai Kohli Labour 0790 409 5990 KohliS@ealing.gov.uk



Kanwal Kaur Bains Labour 0793 015 8585 BainsKa@ealing.gov.uk



Ranjit Dheer Labour 0789 422 8032 Ranjit.Dheer@ealing.gov.uk



Mohinder Kaur Midha Labour 0795 084 2599 MidhaM@ealing.gov.uk Mayor of Ealing



Julian Gallant
Conservative 0780 222 1393
GallantJu@ealing.gov.uk
Leader of second opposition



Mrs Seema Kumar Conservative 0796 131 7110 Seema.Kumar@ealing.gov.uk



Anthony Young
Conservative
0791 700 7969
Anthony.Young@ealing.gov.uk



Praveen Anand Labour 0203 612 3587 AnandP@ealing.gov.uk



Jon Ball Liberal Democrat 0208 810 1078 Jon.Ball@ealing.gov.uk



Connie Hersch Liberal Democrat HerschC@ealing.gov.uk



**EAST ACTON** 

GREENFORD BROADWAY

HANGER HILL

HANWELL BROADWAY

Kate Crawford Labour 0208 992 9353 (evenings) Katherine.Crawford@ealing.gov.uk



Stephen Donnelly Labour 0771 409 3099 DonnellyS@ealing.gov.uk Cabinet: Inclusive economy



Hitesh Tailor Labour 0799 063 7183 Hitesh.Tailor@ealing.gov.uk



Varlene Alexander Labour 0748 433 5273 AlexanderV@ealing.gov.uk



Harbhajan Kaur-Dheer Labour 0782 515 7044 Harbhajan.Dheer@ealing.gov.uk



Anthony Kelly
Labour
0777 174 0912
Anthony.Kelly@ealing.gov.uk



Fabio Conti Conservative 0781 717 4279 ContiFa@ealing.gov.uk



Gregory Stafford Conservative 0797 311 9625 Gregory.Stafford@ealing.gov.uk



Athena Zissimos Liberal Democrat ZissimosA@ealing.gov.uk



Yoel Gordon Labour 0796 078 3825 Yoel.Gordon@ealing.gov.uk



Monica Hamidi Labour 0737 797 3559 HamidiM@ealing.qov.uk



Polly Knewstub Labour 0755 521 1569 KnewstubP@ealing.gov.uk



Karam Mohan Labour 0794 752 2084 Karam.Mohan@ealing.gov.uk



Swaran Padda Labour 0795 080 6210 Swaran.Padda@ealing.gov.uk



Kamaldeep Sahota Labour 0741 280 8803 SahotaK@ealing.gov.uk



Daniel Crawford Labour 0208 992 9353 Daniel.Crawford@ealing.gov.uk



Hodan Haili Labour 0757 734 1614 HailiHo@ealing.gov.uk



Blerina Hashani Labour 0208 825 6833 HashaniB@ealing.gov.uk



Muhammad Iqbal Labour 0759 594 5843 IqbalMu@ealing.qov.uk



Amarjit Jammu Labour 0796 075 4646 Amarjit.Jammu@ealing.gov.uk



Shital Manro Labour 0795 837 6745 ManroS@ealing.gov.uk Cabinet: Good growth



Louise Brett Labour 0781 691 6808 BrettL@ealing.gov.uk



Claire Tighe Labour 0785 169 6138 TigheC@ealing.gov.uk



Ray Wall Labour 0738 344 1885 Ray.Wall@ealing.gov.uk





Paul Driscoll Labour 0784 932 8223 DriscollP@ealing.gov.uk



lan Kingston Labour 0797 038 5225 Kingstonl@ealing.gov.uk



Kim Nagpal Labour 0744 493 5157 NagpalK@ealing.gov.uk





Miriam Rice Labour 0741 559 2153 Ricem@ealing.gov.uk



Chris Summers
Labour
0751 987 2341
chris.summers@ealing.gov.uk



Bassam Mahfouz Labour 0794 910 4656 Bassam.Mahfouz@ealing.gov.uk Cabinet: Decent living incomes



**Dee Martin** Labour 0778 887 2191 Dee.Martin@ealing.gov.uk



Lauren Wall
Labour 0752 545 2812
Lauren.Wall@ealing.gov.uk
Cabinet: Genuinely affordable homes



John Martin Labour 0793 095 6902 MartinJ@ealing.gov.uk



**Ghulam Murtaza** Labour 0790 350 2566 MurtazaG@ealing.gov.uk



Tarept Sidhu Labour 0744 800 2067 SidhuT@ealing.gov.uk



Munir Ahmed Labour 0758 242 8643 Munir.Ahmed@ealing.gov.uk



Tariq Mahmood Labour 0795 731 3079 Tariq.Mahmood@ealing.gov.uk



**Charan Sharma**Labour
0775 764 5967
Charan.Sharma@ealing.gov.uk



Rima Baaklini Labour 0737 529 5923 BaakliniR@ealing.gov.uk



Ilayda Nijhar Labour 0744 448 9453 Nijharl@ealing.gov.uk



Ben Wesson Labour 0750 242 8483 WessonB@ealing.gov.uk



Callum Anderson Labour 0781 612 4603 AndersonC@ealing.gov.uk



Josh Blacker Labour 0793 477 3372 BlackerJ@ealing.gov.uk Cabinet: Healthy lives



Yvonne Johnson Labour 0208 993 4166 JohnsoY1@ealing.gov.uk



Sarfraz Khan Labour 0740 466 5858 KhanSar@ealing.gov.uk



Kamaljit Kaur Nagpal Labour 0744 848 5200 NagpalKK@ealing.gov.uk Cabinet: A fairer start



Jasbir Anand Labour 0794 920 2851 AnandJ@ealing.gov.uk Cabinet: Thriving communities



Kamaljit Dhindsa Labour 0796 150 5808 Kamaljit.Dhindsa@ealing.gov.uk



Peter Mason Labour 0781 149 4042 Peter.Mason@ealing.gov.uk Leader of Ealing Council



Surinder Kaur Jassal Labour 0798 4717 291 JassalS@ealing.gov.uk

**Gary Busuttil** 

Liberal Democrat

0798 544 3860

BusuttilG@ealing.gov.uk



Faduma Mohamed Labour 0750 611 0026 MohamedF@ealing.gov.uk



Gary Malcolm Liberal Democrat 0781 320 5218 Gary.Malcolm@ealing.gov.uk Leader of the opposition



Andrew Steed
Liberal Democrat
0773 664 9664
Andrew.Steed@ealing.gov.uk



Grace Quansah Labour 0736 181 2763 QuansahG@ealing.gov.uk



Binda Rai Labour 0752 238 8741 Binda.Rai@ealing.gov.uk



Gareth Shaw Labour 0778 991 4379 Gareth.Shaw@ealing.gov.uk





## The Ellen Wilkinson School for Girls

## **Prospective Parents' Evening**

Thursday 15th September 2022 6.00pm - 8:30pm Head's talk at 6:15pm & 7:30pm

## Coffee morning with the Headteacher

9.30am - 11:00am Tuesday 27th September 2022 Tuesday 4th October 2022 Tuesday 11th October 2022

## Places for the coffee mornings are limited and must be booked in advance

For all enquiries please email admissions@ellenwilkinson.ealing.sch.uk



" ... a culture where pupils thrive and develop as confident young women."

Ofsted 2019

Where girls create their future **Year 7 to 13** 

Specialist Places Students with an identified natural aptitude in: Music; Drama; Visual Arts; Sports and Modern Foreign Languages may choose to apply for a specialist place.